

Operational Area Reopening Plan

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| Name of WU/WIT Academic or Administrative Operational Unit | Whiting Weight Room - Athletics |
| Bldg/Room Location | Whiting Field House Weight Room |
| Name/Position Title of Reopening Plan Developer | David Trupp, Strength & Conditioning Coach |
| Date Reviewed | 5/20/2020 |
| Name/Position Title of Dean/Director Reviewer | Loren Ferre' – Athletics Director |
| Date Reviewed | 5/21/2020 |
| Area Head Name | Dr. Jerry Farley per EG |
| Date Reviewed and Approved | 5/21/2020 |
| Date Approved to Return to Campus* (this date will need to be communicated to WU/WIT Facilities/WUPD) | May 26, 2020 |

Washburn University Athletics Weight room need for returning to campus

The Washburn University athletic department has a business need to reopen the athletics weight room. As the Governors and Shawnee County plans now allow for fitness centers and gyms to be open, we believe that the overall health and wellness of our student athletes are served by reopening the facility. In addition, guidance from the NCAA is leaning toward sports this fall so ensuring the health and safety of our students is critical.

- David Trupp – Strength and Conditioning Coach
- Derek McKnight – Assistant Strength Coach
- Kellsey Trimble – Assistant Strength Coach

Unit Description

The Athletics weight room is located in Whiting Field House. It is approximately 12,000 square feet of space with a 20 foot high ceiling. There are two shared offices in the weight room but only one person would be in each office at one time.

Proposed Reopening process

1. The weight room would be open each day Monday through Friday. Anticipated hours will be 7 am – 4 pm.
2. The strength coaching staff will rotate depending on what athletes are signed up to workout at any given time. If all three coaches are there at one time, the total number of people in the facility will not exceed the 24.
 - a. In accordance with current State and Shawnee County guidelines, all staff are required to wear masks.

3. A maximum of 24 people will be allowed in the weight room at any given time. As long as strict social distancing can be maintained. As Shawnee County and State guidelines are relaxed, this number will increase.
4. Student Athletes will set times with the strength staff – this will not be a drop in process.
5. There will be a 15 minute break between groups in order to staff to clean and disinfect the weight room, using appropriate chemicals in conjunction with Facility services.
6. Student athletes will sign in and sign out of the weight room to provide for tracking. Those sheets will be kept by the strength staff in a locked office when closed. This information can not be shared with other athletics staff in accordance with NCAA regulations regarding voluntary workouts.
7. Student athletes will be instructed to bring their own water bottles.
8. Locker rooms will be kept closed in accordance with Shawnee County guidelines, restrooms are available in Petro.
9. Students will be required to use provided cleaning supplies after use. Students will be trained by strength staff prior to working out. Example training can be found at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>.
10. Signage will be posted at the entrance and throughout the weight room. Example signage can be found <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
11. Returning staff and student athletes will be briefed on social distancing expectations, sanitation, hygiene and other safety measures. Those who have concerns should report them to the Strength Coach. Example training can be found at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>.
12. Hand sanitizer will be available in the weight room.
13. Cleaning and sanitizing of surfaces will be done in accordance with CDC Guidelines. <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html> additional information is available <https://www.washburn.edu/student-life/health-safety/index.html>
 1. All cleaning chemicals should be requested through Campus Facilities by submitting a work order. No employees other than trained facilities staff should be mixing any cleaning chemicals. Submit a work request to Facilities Services for products. <https://www.washburn.edu/faculty-staff/campus-services/facilities-services>
 2. The Whiting weight room includes a [Puradigm](#) disinfecting system that runs throughout the day.
 3. Washburn Facility Operations staff will clean each evening in accordance with their established guidelines.

Expectations from the Reopening Department

The Strength and Conditioning Staff will abide by all criteria set up for operation during each phase of the reopening plan for WU, and NCAA requirements for voluntary activities. This includes the following:

1. The reopening plan will be sent via email to all strength coach employees, with a read receipt kept by the Strength Coach.
2. All staff will receive training on how to clean their office and any communal areas.
3. Staff will promote social distancing measures in the weight room and in the building.
4. Staff will be discouraged from bringing non-essential items from home to the office. Any items brought from home will be disinfected using appropriate cleaning methods.
5. Staff are currently required to wear face masks by guidelines. If guidance changes, staff will be encouraged to wear facemasks in public settings, when interacting with others, or when in transit inside the building.
6. Any staff member who may need work assignment modification due to being in a “high risk” category for developing a severe illness from COVID-19 or an accommodation due to a disability will be directed to the Director of Human Resources, Teresa.lee@washburn.edu, promptly.
7. The director recognizes that this plan must remain congruent with guidelines from the Governor, SNCO Health Department, CDC, NCAA and Washburn University.

Work-Schedule

1. Weight room will be open each day, Monday through Friday approximately 7 am to 4 pm.
2. Exact times depend on student athlete sign up.

Facilities

1. Cleaning Supplies will be ordered for the Weight room consistent requirements.
2. Gloves
3. Facilities staff will be expected to return to evening cleaning protocols that were in place prior to closing.

Note: All protective items requested from facilities should be on-hand and ready for use before re-opening.

Date requested to re-open: May 26