Submit an HLC Time Estimation to your program proposal. Outline the total number of hours (inside and outside of class) per credit hour granted. Below is an example:

HLC Entirely Abroad Compressed Format Course

Date	Activity	Total Amount of Time
05/16	Pre-program session: Introduction to Japan	3.0 hrs
05/30	Pre-program session: Introduction to Culture	3.0 hrs
06/15	Pre-program session: Introduction to Young Japanese	3.0 hrs
	Est. Time of Study	15.0 hrs
07/17 -07/28	Japan: The Arts & Material Culture	14.0 hrs
07/17-07/28	History of Japanese Financial Market	5.0 hrs
07/17-07/28	Japanese Food on the Globe	7.0 hrs
07/17	Group Reflection	3.0 hrs
07/18	Tour of Asakusa & Ichikawa City	5.0 hrs
07/19	Yukata Experience & Summer Festival	5.0 hrs
07/20	Tour of National Museum of Emerging Science & Innovation	5.0 hrs
7/21	Tour of Life Safety Learning Center Earthquake	5.0 hrs
07/24	Tour of Edo-Tokyo Museum	5.0 hrs
07/25	World Tour at iSquare	6.0 hrs
07/25	Group Reflection	3.0 hrs
07/26	Making Wood Block Print	3.0 hrs
07/27	Tour of Nippon Steel & Sumitomo Metal Kimitsu Works	5.0 hrs
07/28	Group Reflection	3.0 hrs
07/17 -07/28	Estimated Homework Time (Journals)	8.0 hrs
07/17 -07/28	Cultural Hands-on Activities	10.0 hrs
	TOTAL	121.0 hrs

HLC Entirely Abroad Compressed Format Course Time Estimation The credit hours are completely embedded in the travel portion of the course itself.

Course Term:	Title of Course:	Instructor:
Date	Activity	Total Amount of Time
	TOTAL HOURS	