

**Kinesiology Department**  
**Minor in Coaching**  
**(16 credit hours)**

The Minor in Coaching provides students the education and experience needed to obtain an entry-level coaching position. In addition, courses selected provide the knowledge needed to complete the American Sport Education Program (ASEP) national coaching certification exam. The Minor in Coaching is aligned with the National Association for Sport and Physical Education (NASPE) Standards.

**Required courses:**

KN 240 Coaching Principles and Philosophy (2 cr.) (no prerequisites)

KN 257 Prevention and Care of Athletic Injuries (3 cr.) (no prerequisites)

KN 300 Psychology of Sport and Physical Activity (3 cr.)  
(prerequisites for KN300 are: KN 248 (3 cr.) & KN 250 (2 cr.) OR consent of instructor)

**Choose TWO of the following** (prerequisites are: KN 248 (3 cr.) & KN 250 (2 cr.) OR consent of instructor):

KN 341 Physical Education Activity Techniques I (2 cr.)  
(basketball, soccer/speedball, softball, flag football,  
team handball, lacrosse, and floor hockey)

**OR**

KN 342 Physical Education Activity Techniques II (2 cr.)  
(aerobics, group exercise and weight lifting)

**OR**

KN 343 Physical Education Activity Techniques III (2 cr.)  
(volleyball, tennis, badminton, pickleball, golf  
archery, and bowling)

**Choose TWO of the following** (no prerequisites): **SEE NOTE BELOW**

|   |                           |
|---|---------------------------|
| KN 253 Coaching Football (2 cr.) (new name)   | new number will be KN 281 |
| KN 302 Coaching Basketball (2 cr.) (new name) | new number will be KN 282 |
| KN 303 Coaching Track and Field (2 cr.)       | new number will be KN 283 |
| KN 304 Coaching Baseball and Softball (2 cr.) | new number will be KN 284 |
| KN 305 Coaching Tennis and Volleyball (2 cr.) | new number will be KN 285 |
| KN xxx Coaching Soccer (new course proposal)  | new number will be KN 286 |

**Plus current CPR/AED Certification at time of graduation.**

**NOTE:**

The Minor in Coaching is undergoing a revision that will be finalized in Fall 2021. The above closely represents what the new requirements will be, but additional changes may be made.