

HAPPY APRIL!

Tips, Ideas, and Advice for High School Parents:

April is National Library Month! Providing everything from digital literacy programming to internet access and professional training programs, libraries are an invaluable community resource for adults, children, and teens. The best part—everything is free!

How well does your teen know the local library? Here are some tips for taking full advantage of everything it has to offer:

- Libraries help promote learning year-round. They don't close for the summer, or over holiday breaks. Don't forget about the library when your teen is looking for something to do over the summer.
- Look online, or ask the librarian for a monthly programming schedule. Libraries often offer movie nights, crafts, coding classes, and other teen programming--all for free. Go through the schedule with your student and ask them whether anything interests them.

More April National Month Observances:

- National Volunteer Month
- National Poetry Month
- World Autism Awareness Month



Inside this issue

Disney's The Lion King.....	2
5 Steps to Academic Success.....	3
April Saturday Academy	3
St. Louis Guidelines	3
News and Impact.....	4
WUB Reminders/Updates	4
Contact Us.....	5
April Calendar.....	5
KC Royals Game Sign-Up.....	6
Summer Academy	7
Summer Bridge	8

Follow us on Social Media!

- [Facebook](#): WU Upward Bound
- [Instagram](#): @upwardboundwashburn
- [Website](#): [TRIO Upward Bound Program - Washburn University](#)



Disney's The Lion King Musical!



5 Steps to Academic Success:

Be Organized

- Use a student planner
- Have a plan for papers
- Use a 3-ring notebook for class notes
- Make to-do lists
- Be organized before you go to bed

Be a Class Act

- If you get the most out of the time you spend in class, you'll have a lot less to learn on your own

Read to Learn

- To do well in your classes, you must be able to understand and remember the information you read

Study Smart

- Create a good study environment
- Make a plan
- Break down large assignments

Ace the Test

- Start studying early. Cramming increases anxiety
- The day before the test, visualize yourself taking the test, answering the questions correctly, and getting the grade you want. Do this several times

Contact WUB Advisor for more tips!



WASHBURN
TRIO PROGRAM
UPWARD BOUND

SATURDAY ACADEMY

APRIL 6, 2024
9:00 AM - 2:00 PM
RSVP IN GOOGLE CLASSROOM

Washburn University in Mabee Library
Play Trivia Games to win prizes
(prizes provided by a private donor, no grant funds were used for prizes)

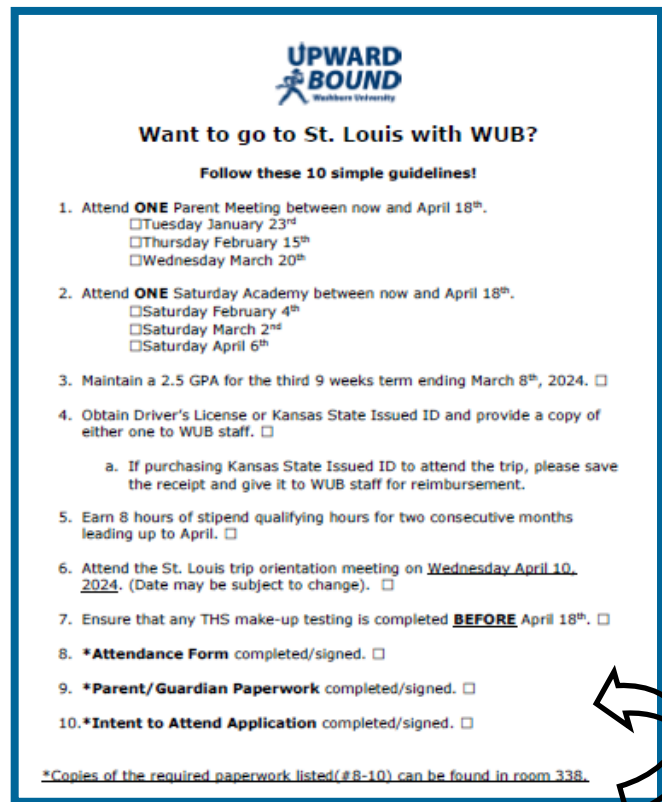
Activities:

- ✓ Bring Homework
- ✓ Spanish Foods Grill Outside
- ✓ College Signing Day
- ✓ Chemistry Lab
- ✓ Flag Football
- ✓ Parents Welcome
- ✓ English
- ✓ Academic Instruction

CONTACT US upwardbound@washburn.edu Text to be let in the building: (785)230-7226

P047A221537-Funded by a TRIO grant from the U.S. Department of Education

Sign-Up Link: <https://forms.office.com/r/SkzFgfNfKs>



UPWARD BOUND
Washburn University

Want to go to St. Louis with WUB?

Follow these 10 simple guidelines!

1. Attend **ONE** Parent Meeting between now and April 18th.
 Tuesday January 23rd
 Thursday February 15th
 Wednesday March 20th
2. Attend **ONE** Saturday Academy between now and April 18th.
 Saturday February 4th
 Saturday March 2nd
 Saturday April 6th
3. Maintain a 2.5 GPA for the third 9 weeks term ending March 8th, 2024.
4. Obtain Driver's License or Kansas State Issued ID and provide a copy of either one to WUB staff.
 - a. If purchasing Kansas State Issued ID to attend the trip, please save the receipt and give it to WUB staff for reimbursement.
5. Earn 8 hours of stipend qualifying hours for two consecutive months leading up to April.
6. Attend the St. Louis trip orientation meeting on Wednesday April 10, 2024. (Date may be subject to change).
7. Ensure that any THS make-up testing is completed **BEFORE** April 18th.
8. ***Attendance Form** completed/signed.
9. ***Parent/Guardian Paperwork** completed/signed.
10. ***Intent to Attend Application** completed/signed.

*Copies of the required paperwork listed (#8-10) can be found in room 338.

There are 33 students signed up to go to St. Louis with WUB next month. If you are one of them, make sure to follow the 10 simple guidelines listed above to guarantee your spot!

News and Impact: President Biden Releases FY25 Budget Request to Congress

March 11, 2024 by Kimberly Jones

Today, President Biden released his FY25 budget request to Congress. Due to the budget limits outlined in the Fiscal Responsibility Act (the debt limit deal), the Administration requested minimal increases across the government.

However, among several requests for flat or even decreased funding in the education arena, we are pleased to see that the President's budget includes an increase of \$20 million for the Federal TRIO Programs in Fiscal Year 2025 (FY25), which would fund TRIO during Program Year 2025-2026. While our community is grateful for the proposed increase by the Administration, we recognize that the needs of our community call for an even more excellent federal investment. Therefore, during COE's upcoming Policy Seminar and throughout the FY25 appropriations season, our community will advocate for an increase of \$68 million for TRIO in FY25.

Read Full Article: [President Biden Releases FY25 Budget Request to Congress - Council for Opportunity in Education \(coenet.org\)](https://www.coenet.org/news/president-biden-releases-fy25-budget-request-to-congress)

WUB Reminders/Updates

- Invite friends to join WUB!
 - Online Application: [Student Application \(empoweranalytics.org\)](https://empoweranalytics.org)
 - Paper Applications can be found in room 338
- WUB needs copies of birth certificates from each student, please provide copy to Zalma at earliest convenience.

St. Louis Trip Details:

MANDATORY Parent Meeting will be held on **Wednesday April 10th** at Topeka High at 5pm.

Every student attending the St. Louis Trip will need to provide a copy of their Kansas State ID or Driver's License in order to travel with WUB. If they do not have neither, they can purchase a KS State ID, save the receipt and give a copy to Zalma to get reimbursed for the purchase.

Scholarship Quick

Access

Washburn University:
[Scholarship Information | Washburn University](#)

Washburn Tech:

[Scholarships \(washburntech.edu\)](#)

Kansas State:

[Scholarships \(k-state.edu\)](#)

KU:

[All Opportunities - University of Kansas Scholarships \(academicworks.com\)](#)

ESU:

[Scholarships - Emporia State University](#)

Pitt. State:

[Scholarships and financial assistance | Pittsburg State University \(pittstate.edu\)](#)

Fort Hays:

[Scholarships - Fort Hays State University \(FHSU\)](#)

Wichita State:

[Scholarships \(wichita.edu\)](#)

JCCC:

[Scholarships | Johnson County Community College \(jccc.edu\)](#)

*Please inform Zalma if you'd like another school added to this list

Contact Us!

Shelley Bearman - Upward Bound Director

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Washburn Office Phone: (785)670-3872

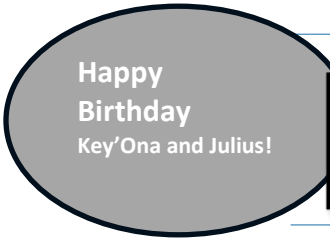
Zalma Molina - Upward Bound Advisor

zalma.molina@washburn.edu OR

zmolina@tps501.org

THS Office Phone: (785)295-3220

Location: Room 338 at Topeka High



"Before you can make a dream come true, you must first have one." - Dr. Ronald E. McNair

April

Proud to be Upward Bound!



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)		Saturday Academy 9am-1pm (4 hours)
7	8	9	10	11	12	13
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) St. Louis Parent Dinner (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)		
14	15	16	17	18	19	20
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	WUB St. Louis Trip		
21	22	23	24	25	26	27
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)	No School	
28	29	30				
	No School	PM Academy (1.5 hours)				



SUNDAY, MAY 5TH 2024

SIGN-UP BEFORE APRIL 31ST

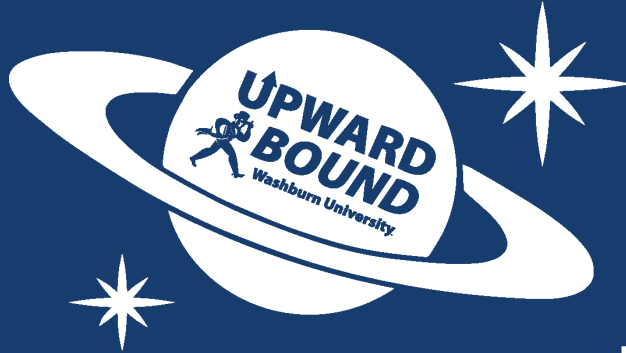
GAME STARTS AT 1:00 PM

SIGN UP LINK:

<https://forms.office.com/r/sXTxdKrJU>

FB: WU UPWARD BOUND

INSTA: UPWARDBOUNDWASHBURN



UPWARD BOUND SUMMER ACADEMY

JUNE 17-JULY 26, 2024

A 6-week day camp for UB participants from incoming freshmen to incoming seniors can participate. Lunch and snacks provided. Students may register for all six weeks. Students who attend four out of six weeks will receive a \$60 stipend. Students can be dropped off at 7:30 am and be monitored until camp begins at 9:00 am. Camp ends at 3:00 pm, but students can stay until 5:00 pm and be monitored until 5:15 pm. Must register by April 1, 2024.

SCHEDULE

WEEK 1

June 17-21, 2024 (NOTE: NO Camp June 19 for Juneteenth)

Field Trip: Wichita State University campus tour
and Great Plains Nature Center

WEEK 2

June 24-28, 2024

Field Trip: Royals Game and walking tour of Kauffman Stadium

WEEK 3

July 1 – July 5, 2024 (NOTE: NO Camp July 4 for Independence Day)

Field Trip: The Federal Reserve Money Museum
and The Nelson Atkins Museum of Art

WEEK 4

July 8-12, 2024

Field Trip: Worlds of Fun

WEEK 5

July 15-19, 2024

Field Trip: Fiesta Topeka Festival

WEEK 6

July 22-26, 2024:

Field Trip Cosmosphere
6:00- 7:00 PM Parent Closing Ceremony



**REGISTER
HERE!**



JOURNEY TO THE STARS: TOGETHER WE THRIVE



UPWARD BOUND SUMMER BRIDGE FOR 2024 GRADUATING SENIORS JUNE 17-JULY 26, 2024

Bridge is a residential 6-week camp where only 2024 graduating seniors can apply. Students will earn 6 free university credits while living on campus, and attend field trips. The theme is "Journey to the Stars: Together We Thrive". Lunch and snacks provided. Must register by April 1, 2024. Bridge will have evening activities planned that Summer Academy kids can't attend.

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