



## Preventive Services covered under the Affordable Care Act

The items listed below are services that some consumers can receive without any cost-sharing, meaning they will not pay deductibles, copays or coinsurance for the preventive services outlined. Preventive services must be provided by an eligible contracting provider as outlined in the member benefit description. **Preventive services are subject to change.**

### Preventive Services for Adults

- **Abdominal Aortic Aneurysm** screening for men of specified ages who have ever smoked
- **Alcohol Misuse** screening and counseling
- **Blood Pressure** screening for all adults (performed by an eligible provider)
- **Cholesterol** screening for adults of certain ages or at higher risk
- **Colorectal Cancer** screening for adults over 50
- **Depression** screening for adults
- **Type 2 Diabetes** screening for adults with high blood pressure
- **Diet** counseling for adults at higher risk for chronic disease
- **HIV** screening for all adults at higher risk
- **Immunization** vaccines for adults — doses, recommended ages, and recommended populations vary
- **Obesity** screening and counseling for all adults
- **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
- **Syphilis** screening for all adults at higher risk

### Preventive Services for Women – Including Pregnant Women

Services marked with an asterisk (\*) must be covered with no cost-sharing in plan years starting on or after Aug. 1, 2012.

- **Anemia** screening on a routine basis for pregnant women
- **Bacteriuria** urinary tract or other infection screening for pregnant women
- **BRCA** counseling about genetic testing for women at higher risk
- **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
- **Breast Cancer Chemoprevention** counseling for women at higher risk
- **Breastfeeding** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women\*
- **Cervical Cancer** screening for sexually active women
- **Chlamydia Infection** screening for younger women and other women at higher risk
- **Contraception** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs\*
- **Domestic and Interpersonal Violence** screening and counseling for all women\*
- **Gestational Diabetes** screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes\*
- **Gonorrhea** screening for all women at higher risk
- **Hepatitis B** screening for pregnant women at their first prenatal visit
- **Human Immunodeficiency Virus (HIV)** screening and counseling for sexually active women\*

- **Human Papillomavirus (HPV) DNA Test** high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older\*
- **Osteoporosis** screening for women over age 60 depending on risk factors
- **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
- **Sexually Transmitted Infections (STI)** counseling for sexually active women\*
- **Syphilis** screening for all pregnant women or other women at increased risk
- **Well-woman Visits** to obtain recommended preventive services for women under 65\*

## Preventive Services for Children

- **Alcohol and Drug Use** assessments for adolescents
- **Autism** screening for children at 18 and 24 months
- **Behavioral** assessments for children of all ages
- **Cervical Dysplasia** screening for sexually active females
- **Congenital Hypothyroidism** screening for newborns
- **Developmental** screening for children under age 3, and surveillance throughout childhood
- **Dyslipidemia** screening for children at higher risk of lipid disorders
- **Gonorrhea** preventive medication for the eyes of all newborns
- **Hearing** screening for all newborns
- **Height, Weight and Body Mass Index** measurements for children
- **Hematocrit or Hemoglobin** screening for children
- **Hemoglobinopathies** or sickle cell screening for newborns
- **HIV** screening for adolescents at higher risk
- **Immunization** vaccines for children from birth to age 18 — doses, recommended ages, and recommended populations vary
- **Lead** screening for children at risk of exposure
- **Medical History** for all children throughout development
- **Obesity** screening and counseling
- **Oral Health** risk assessment for young children
- **Phenylketonuria (PKU)** screening for this genetic disorder in newborns
- **Sexually Transmitted Infection (STI)** prevention counseling for adolescents at higher risk
- **Tuberculin** testing for children at higher risk of tuberculosis
- **Vision** screening for all children

## Stay Informed

Covered preventive services are subject to change. Please visit our Web site at [www.bcbsks.com](http://www.bcbsks.com) to get the latest information as it becomes available. You'll find a "Health Care Reform" graphic on the upper right corner of our home page designed to guide you through the changing health care landscape. Additionally, by visiting our home page, you can **sign up to receive Health Care Reform Updates through e-mail**. These updates will feature the latest developments in guidance and implementation regarding the new provisions.

For more information on health care reform and preventive services, please visit <http://www.healthcare.gov>



This is a brief summary of preventive services – it is not a legal document. Preventive services are subject to change. The exact provisions of the benefits and exclusions are contained in the certificate.

