

What are we to do with all that extra candy from Halloween?

Option 1: Eat it all?

Answer: Probably not the best solution

Option 2: Bring it to work and entice my colleagues, that way they will end up eating it instead of me?

Answer: Again, probably not the best solution.

Option 3: Hand it out at the Veterans Parade this Saturday? <http://www.topekaveteransparade.com/>

Answer: This could be a good solution

Option 4: Trade your child a toy for their candy?

Answer: This could be a good solution (just don't eat the candy once you get it)

Option 5: Sell back the candy to dentist offices or The Toy Store.

Answer: This could be a good solution, you will want to call around and see who is buying it. 😊

Good luck deciding!!!!!!

New online healthy cookbook available for all through WorkWell Shawnee County!

http://workwellsc.weebly.com/uploads/2/5/7/0/25709811/liveworkcookwell_cookbook.pdf

Also, I have the cookbook as a PDF if you would like me to send it to you. Just let me know. 😊

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"Why can't somebody make a spell-checker that knows how to check spells?!"