Name: _______________________________________________________________
WIN: __________________________________________________________________
Date declared: ____________________
Catalog year: ________________
Advisor: _____________________________________________________________

CORE REQUIREMENTS (C Minimum): 16 credits

- HL 152 Personal and Community Health (3)
- KN 250 Introduction to Kinesiology (2)
- KN 320 Motor Learning (3)
- KN 321 Anatomical Kinesiology (3) (BI 250)*
- KN 326 Exercise Physiology (3) (BI 255)*
- KN 496 Synthesis and Application in Kinesiology (2) (all core courses)*

INTEREST AREA COURSES (C Minimum): 12 credits

| KN (________) ( ) | KN (________) ( ) |
| KN (________) ( ) | KN (________) ( ) |

ACTIVITY REQUIREMENTS (C Minimum): 4 credits

(KN activity or KN 260/261/357/360/361/365/400 if not in Interest Area)

| KN (________) ( ) | KN (________) ( ) |

CORRELATED REQUIREMENTS (C Minimum): 7 credits

- BI 250 Introduction to Human Anatomy (3) (BI 100)*
- BI 255 Elementary Human Physiology (4) (BI 100 and BI 101)*

CONCENTRATION COURSES: (C minimum): 28 credits minimum

(KN courses may be used to fulfill interest area requirements)

| __________ ( ) | __________ ( ) |
| __________ ( ) | __________ ( ) |
| __________ ( ) | __________ ( ) |
| __________ ( ) | __________ ( ) |

HUMANITIES DISTRIBUTION: 15 credits from 3 areas

(AR, CN, EN, FL, IS170, MM, MU, PH, RG, TH) (max 6 hrs any one discipline)

(NATURAL SCIENCES AND MATH DISTRIBUTION: 12 credits

(BI, CH, IS170, PS, AS, GL, MA) (max 6 hrs any one discipline)

SPECIALIZATION COURSES: (C minimum): 28 credits minimum

(KN courses may be used to fulfill interest area requirements)

| __________ ( ) | __________ ( ) |
| __________ ( ) | __________ ( ) |

KEY:
1) * = prerequisite required
2) ** = May be taken Pass/Fail

(All General Education courses must be from the approved list)

REQUIRED GENERAL EDUCATION (C Minimum): 15 credits

- EN 101 Freshman Composition (3) OR HN102 Honors English (3)
- EN 300 Advanced Composition (3)
- KN 198 Lifetime Wellness (2)
- MA 116 College Algebra (3) (recommended) or MA 110 Exploring Math (3)
- FL (______) (4) (@102 level)/test out/AP or CLEP=4/non-English native lang

NATURAL SCIENCES AND MATH DISTRIBUTION: 12 credits

(BI, CH, IS170, PS, AS, GL, MA) (max 6 hrs any one discipline)

(approved list only or AA degree)

SOCIAL SCIENCES DISTRIBUTION: 15 credits from 3 areas

(AN, EC, GG, HI, IS170, PO, PY, SO) (max 6 hrs any one discipline)

(approved list only or AA degree)

(revised Spring 2011)
DEPT OF KINESIOLOGY BA - FLEXIBLE OPTION

A minimum of 45 upper division (300+) credit hours are required for graduation:

<table>
<thead>
<tr>
<th>CORE</th>
<th>ACTIVITY</th>
<th>INTEREST AREA</th>
<th>CONCENTRATION</th>
<th>GEN ED</th>
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<td><em>3</em></td>
<td>KN 320</td>
<td>KN (____)</td>
<td>KN 494 (internship)</td>
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<td><em>3</em></td>
<td>KN 321</td>
<td>KN (____)</td>
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<td><em>3</em></td>
<td>KN 326</td>
<td>KN (____)</td>
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<td>KN 496</td>
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TOTAL UPPER DIVISION ________

Concentration Committee Members: Date Approved by the Committee: ________________

______________________________ KN Faculty Advisor Date Approved by KN Chair: ________________

______________________________ KN Faculty Member

______________________________ KN Faculty Member

______________________________ KN Faculty Member

______________________________ Related Discipline Faculty Member