DEPT OF KINESIOLOGY  BA – EXERCISE PHYSIOLOGY  Name: ________________________________

Date declared: ______________  Catalog year: ______

WIN: ______________________________________________________________________

Advisor: ____________________________

CORE REQUIREMENTS (C Minimum): 16 credits

- HL 152 Personal and Community Health (3)
- KN 250 Introduction to Kinesiology (2)
- KN 320 Motor Learning (3)
- KN 321 Anatomical Kinesiology (3) (BI 250)*
- KN 326 Exercise Physiology (3) (BI 255)*
- KN 496 Synthesis and Application in Kinesiology (2) (all core courses)*

REQUIRED GENERAL EDUCATION (C Minimum): 15 credits

- EN 101 Freshman Composition (3) OR HN102 Honors English (3)
- EN 300 Advanced Composition (3)
- KN 198 Lifetime Wellness (2)
- MA 116 College Algebra (3) (recommended) or MA 110 Exploring Math (3)
- FL (_____)(4) (@102 level)/test out/AP or CLEP=4/non-English native lang

INTEREST AREA & CONCENTRATION COURSES (C Minimum): 24-25 credits

- KN 257 Prevention and Care of Athletic Injuries (3)
- KN 300 Psychology of Sport and Physical Activity (3)
- KN 308 Nutrition for Sports and Fitness (3)
- KN 333 Microcomputer Application to Kinesiology (2) (KN or AT major)*
- KN 410 Fitness Testing & Exercise Prescription (3) (KN 326)*
- KN 411 Current Literature in Exercise Physiology (3) (KN 326)*
- KN 494 Internship (1) (All Core, Interest Area and Concentration courses completed) (Current First Aid/CPR cards on file)
- PY 150 Psych Statistics (4) (recommended) (C min in PY100 or PY105)
- OR MA140 Statistics (3) (MA 110/116)*
- SO 315 Sociology of Sport (3) (SO 100)*

NATURAL SCIENCES AND MATH DISTRIBUTION: 12 credits

(BI, CH, IS170, PS, AS, GL, MA) (max 6 hrs any one discipline)

- BI 100 Introduction to Biology (3)*
- BI 101 Introductory Biology Laboratory (2)**
- CH 121 General Chemistry (5) (C minimum)
- PS 101/102 Introduction to Physics (3)(C minimum)

HUMANITIES DISTRIBUTION: 15 credits from 3 areas

(AR, CN, EN, FL, IS170, MM, MU, PH, RG, TH) (max 6 hrs any one discipline)

- Elective (_______) (3)
- Elective (_______) (3)
- Elective (_______) (3)

SOCIAL SCIENCES DISTRIBUTION: 15 credits from 3 areas

(AN, EC, GG, HI, IS170, PO, PY, SO) (max 6 hrs any one discipline)

- SO 100 General Sociology (3)
- Elective (_______) (3)
- Elective (_______) (3)
- Elective (_______) (3)

ACTIVITY REQUIREMENTS (C Minimum): 4 credits

(note: does not include KN198 University requirement)

(KN activity or KN260/261/360/357/361/365)

- KN 400 Planning and Leading Exercise (2) (KN 321 and KN 326)*
- KN (_______) ( )
- KN (_______) ( )

CORRELATED REQUIREMENTS (C Minimum): 7 credits

- BI 250 Introduction to Human Anatomy (3) (BI 100)*
- BI 255 Human Physiology (4) (BI 100 and BI 101)*

KEY:
1) * = prerequisite required
2) ** = May be taken Pass/Fail

(revised Spring 2011)
DEPT OF KINESIOLOGY  BA – EXERCISE PHYSIOLOGY

A minimum of 45 upper division (300+) credit hours are required for graduation:

___3__ KN 300 OR 318 (KN 357, 360, 361, 365 or other KN activity) ___3__ EN 300
___2__ KN 333 ___3__ SO 315
___3__ KN 308 ___ KN (_______) (Elective)
___3__ KN 320 ___ KN (_______) (Elective) ___ KN (_______) (Elective)
___3__ KN 321 ___ KN (_______) (Elective) ___ KN (_______) (Elective)
___3__ KN 326 ___ KN (_______) (Elective) ___ KN (_______) (Elective)
___2__ KN 400 ___ KN (_______) (Elective)
___3__ KN 410 ___ KN (_______) (Elective)
___3__ KN 411 ___ KN (_______) (Elective)
___2__ KN 496 ___ KN (_______) (Elective)
___1__ KN 494 Internship

___ TOTAL UPPER DIVISION