SCHOOL OF APPLIED STUDIES
Allied Health • Criminal Justice & Legal Studies • Human Services • Social Work

Spring 2010
The first two students of Washburn University’s new Clinical Laboratory Science program graduated in May, and like many CLS professionals, they already have jobs.

“Nationwide there is a dramatic shortage of Clinical Laboratory Scientists,” said Kathy Hupp, director of CLS Student Affairs. “Within northeast Kansas, it’s even more critical. The current staff in many northeast Kansas hospitals is nearing retirement.”

Clinical Laboratory Scientists, which were formerly called medical technologists, are valuable members of the healthcare team. They are responsible for the development, performance and evaluation of laboratory testing needed in patient medical care and clinical research, Kathy said. They analyze samples of blood, tissue and body fluids using cutting-edge technology and a variety of analytical techniques.

Five students started the 11-month CLS program in May, which is as many students as the program can serve right now working with two clinical affiliate hospitals, St. Francis Health Center and Stormont-Vail HealthCare. Those hospitals, along with the Topeka Community Foundation and Healthcare Innovations Network of Kansas, have been tremendous supporters of launching the program in an attempt to handle the lack of CLS professionals in the area.

Kathy said the program is offered in partnership with the University of Nebraska Medical Center, which provides the curriculum.

CLS is ideal for students with strong backgrounds in the biological and chemical sciences. The program, which leads to a Bachelor’s Degree in Clinical Laboratory Science, has a 3+1 format; three years (85 hours) of prerequisites including upper level biology and chemistry courses followed by one year in the CLS program. Some students complete B.S. requirements before applying to the professional program. Graduates are eligible to apply for ASCP board certification as clinical laboratory scientists upon completion of the program.

“We also encourage students who already have bachelor’s degrees to look at the program,” Kathy said. “If they come from a science background, generally they have most, if not all, of the prerequisites they need, and it would only take a year to complete. They can go anywhere in the country and be able to find a job.”

For a recent story in the news about Washburn’s CLS program go to http://www.wibw.com/localnews/headlines/91877894.html. Or for more information about the CLS program, go to www.washburn.edu/cls or contact Kathy Hupp at 785-670-1412.
As the new Academic Clinical Coordinator for the Occupational Therapy Assistant program, Annelise C. Doty will be able to utilize experience she has gained after more than two decades in the field.

Along with teaching OT courses, Annelise will coordinate student fieldwork placement and monitor their performance during the fieldwork.

She brings a depth of experience that highlights exactly what she loves about occupational therapy—the ability to work with people of all ages in a multitude of situations.

“Occupational therapy incorporates the total life span of the individual,” she said. “To me, that’s the beauty of the profession, working with adults, children in outpatient settings and nursing homes. I also love that it’s about helping people do what they want to do.”

For the past 11 years, Annelise has worked as an occupational therapist with children in USD 501, helping them with the ability to work at their “jobs” of being students. That may be through actual therapy, she said, or through making accommodations or adaptations to their environment to allow the children to be as independent as possible.

Annelise is excited about combining her two passions—occupational therapy and teaching—into her new position at Washburn University. She also appreciates that the SAS program will meet community needs for occupational therapists. There have been two full-time positions open to USD 501 for some time, she said, highlighting the lack of trained OT professionals.

Annelise is married to Russ Doty, and they have three children—Jordan, who attends Wichita Tech; Taryn, a sophomore at Washburn in music education; and Austin, a sophomore at Shawnee Heights High School.

Janice Bacon: OT Director Enjoys the Creativity and Variety of Opportunities in Her Profession

Along with the launch of Washburn University’s Occupational Therapist Program comes Janice Bacon, the director for the new program.

Janice received her Bachelor of Science degree in Occupational Therapy from the University of Kansas, working with adults in advanced rehabilitation. After working in Minneapolis, Kansas City and Southern California no matter how she has used her occupational therapy education, Janice has been pleased with her career choice.

“This is creative. It isn’t a cookie cutter profession, by any means,” Janice said. “We have protocols and guidelines, but with each person, you might meet those in a different way. Some people love to cook, so we might work with them on getting back to cooking, using those skills to work on coordination and balance.”

Every individual is different, as is every situation, and meeting the needs of the patient in the best way possible keeps the work interesting and emotionally rewarding, she said. Janice wanted the opportunity to come home to the Midwest. After talking with St. Francis Health Center about launching the new program while also working with outpatients, Janice was hooked on Topeka and welcomed the opportunity to teach again.

When Janice isn’t absorbed with setting up the new program and working with patients, she likes theater, music and sports. In fact, when she was in California, she earned another degree in interior design and she calls that a “serious” hobby. Despite her various talents and activities, her focus right now is on the new Occupational Therapy Assistant program.

“It’s exciting and it’s very rewarding,” she said. “They want a quality program and this environment is so supportive. You want to meet and exceed their expectations.”
OTA Opportunities Plentiful and Varied

The new Occupational Therapy Assistant Program in the School of Applied Studies will expand the Allied Health Department programming with a dynamic profession that is much-needed in northeast Kansas.

St. Francis Health Center approached the SAS Allied Health Department about launching an occupational therapy assistant program because of the need for these medical professionals, said program director Janice Bacon. The university was happy to respond to community needs and expand its degree offerings to complement other department programs.

The two-year associate degree program began accepting students as soon as the accreditation organization approved them to do so, said program director Janice Bacon. “The first class started in June and will graduate in May 2012. Students will not only be provided with classroom and laboratory experiences, but also opportunities to develop skills and knowledge in the clinical settings.

Occupational therapy is a science-driven, evidence-based profession enabling people of all ages to live life to its fullest by helping them promote health and prevent—or live better with—illness, injury or disability, Janice said. Occupational Therapy Assistants, under the supervision of an Occupational Therapist, make it possible for people to achieve independence and to enjoy life to its fullest. An occupational therapy assistant will make a difference in the ability to improve the lives of people, from newborns to the very old.

“We stimulate the patients through therapy, and you have to be creative,” Janice explained. “Addressing the emotional aspect of treatment is part of our job.”

Graduates of the Occupational Therapy Assistant program will have numerous career opportunities and choices, including helping children thrive in the “occupations” of childhood: learning, playing and growing. Some work in schools with students who have learning disabilities, behavioral problems, cerebral palsy or Down Syndrome.

Occupational therapy assistants also work with individuals in their homes, community centers, rehabilitation hospitals and nursing homes. In these settings, they help people with traumatic injuries, stroke, Alzheimer’s disease or mental health problems learn to live productive lives through the use of meaningful occupations.

There is an overwhelming need for occupational therapy services in northeast Kansas. It has been difficult for healthcare facilities to hire and sustain occupational therapy staff for a considerable amount of time. There is a substantial need in rural communities for a more diverse set of allied health professionals, such as occupational therapists, to provide well-rounded services.

Washburn University is currently immersed in the three step application process for accreditation through the American Occupational Therapy Association’s Accreditation Council for Occupational Therapy Education (ACOTE). The community support has been tremendous with this endeavor. St. Francis Health Center, Stormont-Vail Foundation, Lewis H. Humphrey’s Charitable Trust, Kansas Rehabilitation Center; Rehab Care and the Sunflower Foundation have committed financially to support the salaries of the Program Director and the Academic Clinical Coordinator for two years. Numerous healthcare sites in northeast Kansas have committed to clinical education for the students, ranging from school systems to hospital settings to community programs.

“We have been elated and extremely grateful with the outpouring of support from the community,” Janice said. “The implementation of the Occupational Therapy Assistant Program would not be possible without the generosity of the community.”

For additional information regarding the Washburn University Occupational Therapy Assistant Program, please contact:

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It has been an interesting year at Washburn. One immediate change you will notice is our newsletter is going to an electronic format. In addition to the savings on printing, this move will enhance our efforts of becoming more environmentally friendly and deliver information about the school in a more timely fashion.

There are several new things happening within the School. In May we graduated our first two Clinical Laboratory Science majors. This program, in conjunction with our biology department and the University of Nebraska Medical Center, saw five new students start in June. Another new program for Occupational Therapy Assistants also started in June. Both of these programs would not have been possible without several health care agencies in the area that have provided funding for startup costs associated with Allied Health programs.

Of course, we expect to see many of these graduates to begin work in Topeka and other communities in the north central and northeast Kansas. It is in the agencies in these communities where our students complete their clinical experiences and where many of them reside. Through our community partnerships we are able to reach out and give back by strengthening the health care teams in these north central and northeastern communities.

Finally, we celebrate the success of our alumni with stories about this year and next fall’s Alumni Fellows recipients. We congratulate the successful efforts of the past and look forward with optimism to those in the future.

Dr. William S. Dunlap

FROM THE DEAN

Terry Sorensen became the program director of Diagnostic Medical Sonography in July of 2009. She returned to Washburn after completing first her Associate of Science degree, and followed with her Bachelor of Health Science-Medical Imaging degree. In between, she graduated from the Diagnostic Medical Sonography Program at St. Luke’s Hospital, Kansas City.

“I started off as a radiology technologist and then became fascinated with ultrasound because it didn’t cause any bioeffects to a patient,” Terry said. “I thought it was fascinating to look inside the body in real-time.”

Although Terry loved patient care, she found a real passion for teaching students. Terry felt like her formal education and then experience in the field brought an added dimension to the Sonography program.

“When I’m teaching, I’m always trying to think of new ways to convey things so students really get what you’re trying to tell them,” she said. “I try to help them understand that they’re taking care of people, and they need to take that very seriously.”

Some of her first goals in the program include utilizing technology on a higher level and becoming more of a visual classroom online. Many instructors and faculty in SAS are utilizing interactive software like Captivate and Adobe Learning, and Terry would like to expand the Sonography program’s use of interactive learning to match.

Like many medical technology fields, sonographers are in high demand nationwide, Terry said. It’s exciting to be in a field where demand is great and you can have an impact on patient care.

“I’m honored to be at Washburn working with some of my previous instructors,” she said, adding that she learns every day from Doug Jones, Diagnostic Medical Sonography Clinical Coordinator.

When she’s not working with students, Terry is tackling her master’s degree and spending time with her husband, Andy and two-year-old daughter, Madyson. With bright red hair and a matching attitude, Madyson is feisty and blessed with lots of personality, Terry said.

Terry Sorensen: New Sonography Will Focus on Technology Advances
## Donor Honor Roll

The School of Applied Studies extends thanks to the donors whose generous gifts were received between July 1, 2008 and June 30, 2009. The new donor list will be available after July 2010. These gifts designated to the school are used to address the greatest needs within all four departments. The generosity of SAS alumni, faculty and friends helps to maintain the excellence in education for which Washburn has become known.

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- James Minor
- Clark & Andrea Morrow
Michael Mustain, 2009 Alumni Fellow, took to higher education a little more slowly than some. Right out of high school, his first year at college was a struggle and he flunked out. So he joined the Army and unwittingly found a career path that would last a lifetime.

After serving a tour in Vietnam, Michael’s second attempt at college as a more mature student was successful. “I think Vietnam made me appreciate what education can do—like keep you from going to Vietnam,” he said.

Michael completed two years at the Kansas City Kansas Community College and then transferred to Washburn University for two more years. He received his BA from the School of Applied Studies in 1976, with majors in criminal justice and sociology. His intention was to go into law enforcement.

Instead, Michael went back to the military life. He was in the Army Reserves in a psychological operations company, and then he switched to a strategic military intelligence attachment. As his career progressed, he worked at the Defense Intelligence Agency and eventually was recruited to work at Fort Leavenworth in the Test and Evaluation Division.

Today, Michael is director in that division. While it may not have been the career he pictured as a young man, it is one that brings him a lot of satisfaction.

“Simply put, I’m an intelligence guy,” Michael said. “The best thing is that I have a real impact for future soldiers. We’re testing equipment that soldiers will use. If I do my job correctly, that equipment will defeat the threat and save American military lives. That’s really what motivates me to do my job.”

When you look back on your life, he added, you’ll take a hard look at what you did to make a difference. And although intelligence work is often glamorized by the movies and the media, it’s a tough job that has far-reaching consequences.

“People typically have some kind of a fantasy about intelligence, but really, it’s a tough job, and you’ve got to have pretty good analytical skills to be good at it,” Michael said. “I think that Washburn taught me those skills: how to think, how to be a creative thinker, how to tackle projects.”

Michael fondly remembers his experience at Washburn, saying that teachers weren’t afraid to challenge the students. “The professors were always willing to go outside of just the books; they were doing their own research and relaying that to us,” he said. “There was a lot of discussion and everybody’s ideas were welcome.”

Michael went on to attend classes at Wichita State University, working there as a graduate teaching assistant. Years later, he returned to school and got a master’s degree in business administration from Baker University.

After attending different schools, Michael said he even more appreciates the education he received at Washburn. “I think Washburn offers a tremendous value for the money that you spend to go to school there,” he said. “We’ve had two strong leaders in criminal justice, Ted Heim and Gary Bayens. There’s a long legacy of excellence in the program. In fact, I think Washburn has that kind of legacy across all of its disciplines.”

Michael is married to Teresa Mustain, a speech pathologist, and the couple has two sons, Benjamin and Samuel. Benjamin received undergraduate and graduate degrees in social work from the University of Kansas, and Samuel is a sophomore at K-State in music education.
Dr. Brandan Kennedy is the first to admit that he was drawn to pediatrics because, well, the kids operate on the same level he does.

Brandan delivers that line with a straight face, and then quickly moves on to prove there’s a lot more to his position as a pediatric hospitalist at Children’s Mercy Hospital (CMH) in Kansas City than being able to put children at ease with a few jokes.

Brandan joined the CMH staff in 2003, leaving a private pediatric practice in Topeka. It was a tough decision, he said, but making the move allowed him to indulge his love of teaching. He is an associate professor of pediatrics for University of Missouri-Kansas City.

“Teaching keeps me on my toes. The residents and students challenge you,” he said. “Oftentimes, you learn from each other.”

Brandan began his medical career at Washburn University, moving to the University of Kansas to get his bachelor’s degree in Human Science. Then it was back to WU to get his associate of science in respiratory therapy 1986 to 1988. He received his medical degree from KU Medical School and did his residency at Children’s Mercy Hospital.

But Brandan’s connection to Washburn began before he took classes there. He grew up just blocks away from campus.

“Working with children, the rewards far outweigh the tragedies,” he said. “Children are way more intelligent, way more perceptive, way more empathic and way more resilient than we give them credit for even when facing their own mortality.”

Brandan had a formal and informal connection,” he said. “It was a playground for me. We flew kites, went sledding, played Frisbee and walked our dog here. I spent a lot of time at White Concert Hall in the youth symphony.”

As a student, Brandan enjoyed the university’s smaller class sizes, which gave school a more personal feel and gave him good access to professors.

Today, Brandan is raising his family in Topeka. He and his wife, Marta, have four children – Pablo, 20; Daniel, 17; Mariella, 13; and Sofia, 11.
Morita Therapy Story: WU Offers First Certificate Worldwide in Morita Therapy

Washburn’s School of Applied Studies offers the only university certificate program in the world in Morita Therapy, a holistic therapeutic system and mental health approach.

Although there is formal medical training done in Japan and China, and coursework in other countries, Washburn offers the only higher education academic certificate, said Dr. Brian Ogawa, chair of the Human Services Department and primary instructor for the Morita Therapy Certificate Program.

Morita Therapy was founded by Shoma Morita, MD (1874-1938), a Japanese professor and psychiatrist. It is practiced internationally across many disciplines, Brian said, and is frequently used in addictions counseling, post-trauma and anxiety treatment, and victim/survivor services.

“Morita Therapy is a holistic approach to well being,” he explained. “It emphasizes that life is attention and intention. Our lives are what we attend to and what purposes we attempt to fulfill. Focus is on the present moment, how we build a worthy past and a purposeful future through living well today. It is about accepting reality as it is; this is not a passive acceptance, but recognizing what is factual, and concentrating our lives on those things that can make a difference. We focus on what we have control of rather than fixating on what we should have done, could have done, or might have done.”

Brian shared his knowledge at the 7th International Congress of Morita Therapy, which is the premier event for this subject and is conducted every three to four years. The Congress is a unique opportunity to learn from and network with leading Morita scholars, educators, researchers and practitioners from around the world. Held in Melbourne, Australia, March 4-6, 2010, it was sponsored by the Asia Institute at Monash University (Australia’s largest public university system) and the Japanese Society of Morita Therapy (www.conferenceworks.net.au/morita-therapy).

During the Congress, Brian co-facilitated for the Counselor Development and Community Education track; presented a major paper at a special session; co-chaired the Counselor Education and Dynamic Therapeutic Activity roundtable discussion and presented a congress summary. He also served on the Congress Programming Committee and is on the Editorial Review Board for the book of selected Congress papers to be published by Monash University. Brian was invited to represent the United States at the International Committee meeting chaired by the president of the Japanese Society for Morita Therapy and attended by a designee from each of several other countries.

This Congress was also the study abroad portion for six students enrolled in the class, HS478/578 Morita Therapy Research Seminar. Two other Morita Therapy Certificate students were part of the group. The students gained a vital international study abroad experience, made direct contact with those from other nations, immersed themselves in the daily life of Australians, and received up-to-date information and material on Morita Therapy. Most of the group also visited Sydney for a few days before their return.

The students learned first-hand how Morita Therapy is being developed worldwide. Their interaction with key international leaders and students allowed them to grow in knowledge of how Morita therapy is being incorporated into counseling and healing work with South/Southeast Asian and Eastern European refugees. They also saw its development in Great Britain and China, the latest in outpatient counseling guidelines and residential treatment, and how art therapy, CBT, ACT, Adlerian and other psychotherapeutic modalities relate to Morita Therapy. In addition, the congress covered cross-cultural adaptations, use in suicide prevention and chronic stress, and applications for cancer patients, schizophrenics, and anxiety/depression, among many others.
Pay It Forward: Scholarship Honors the Memory of Bart Lewis

“People complain about the world,” but Bart (Lewis) was the one person who always thought he could make it better. I think one of his best attributes was that when he saw something, he didn’t see the worst in it; he saw it and thought he could help.”

Those words describing Bart Lewis, who died in September 2008, come from his wife, Melanie. She decided to honor the way her husband lived by establishing a scholarship at Washburn’s School of Applied Studies. Bart lived a “pay it forward” kind of life, Melanie said. He believed that if he helped one person, that person would in turn help someone else, and everyone would be enriched. The $1,000 Bart Lewis Scholarship gives a student the opportunity to further his or her education and the chance to help someone else, she explained.

Bart received his certificate in addiction counseling from Washburn and dreamed of going back to get his bachelor’s degree, Melanie said. The new scholarship is for students in the human services department, with preference for those interested in addiction counseling, said Michael Bascom, Washburn Endowment Association. This coming school year will mark the first time the Bart Lewis Scholarship is awarded.

Melanie is thrilled to see her husband’s memory honored. He really believed in helping people, and worked to tackle one of the tougher aspects of drug and alcohol counseling in doing interventions, she said.

And the spirit of that all-around good guy who didn’t know a stranger will continue to live strongly at the School of Applied Studies. The scholarship will help students go on to continue the work that Bart Lewis was unable to finish. “He loved being a student, and he loved the whole educational process,” Melanie said. At the time of his death Bart was the proud and devoted father of two daughters, Abigail age 9 months, and Morgan age 9 years.

“He was very, very good at it,” Melanie said. “It was tough to have the weight of somebody’s recovery on your shoulders. He loved every minute of it.”
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