<table>
<thead>
<tr>
<th>Time</th>
<th>Session Topic</th>
<th>Presenter</th>
<th>Room</th>
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<tbody>
<tr>
<td>9:00</td>
<td>‘Outside the TIP’ Health Options for the Poor</td>
<td>Dr. Sarah Williams</td>
<td>Session 1</td>
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<tr>
<td>9:45</td>
<td>Strengthening the Relationships Between Programs and Policies</td>
<td>Dr. Jane Doe</td>
<td>Session 2</td>
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<tr>
<td>10:30</td>
<td>Fighting Senior Poverty</td>
<td>Dr. Jane Doe</td>
<td>Session 3</td>
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<tr>
<td>11:15</td>
<td>Combating Poverty with Faith-Based Solutions</td>
<td>Dr. Jane Doe</td>
<td>Session 4</td>
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<tr>
<td>12:00</td>
<td>Housing Solutions for Homelessness</td>
<td>Dr. Jane Doe</td>
<td>Session 5</td>
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<tr>
<td>12:45</td>
<td>Poverty’s Impact on Learning and Education</td>
<td>Dr. Jane Doe</td>
<td>Session 6</td>
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<tr>
<td>13:30</td>
<td>Ending Childhood Hunger</td>
<td>Dr. Jane Doe</td>
<td>Session 7</td>
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<tr>
<td>14:15</td>
<td>Supporting the Working Poor with Programs</td>
<td>Dr. Jane Doe</td>
<td>Session 8</td>
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<td>15:00</td>
<td>Poverty and Mental Health</td>
<td>Dr. Jane Doe</td>
<td>Session 9</td>
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<tr>
<td>15:45</td>
<td>Resources for Homeless Youth</td>
<td>Dr. Jane Doe</td>
<td>Session 10</td>
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<tr>
<td>16:30</td>
<td>Human Trafficking in Kansas</td>
<td>Dr. Jane Doe</td>
<td>Session 11</td>
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*Note: Rooms and presenters may vary based on availability and interest.*
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<tr>
<th>Time</th>
<th>Kansas</th>
<th>Lincoln</th>
<th>Thomas</th>
<th>Vogel</th>
<th>W</th>
<th>Boswell</th>
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<td>10:00</td>
<td>Sustainable Food Systems and Access to Food</td>
<td>Poverty and Parental Involvement in Education</td>
<td>Housing Solutions for Extreme Poverty</td>
<td>Poverty and Domestic Violence</td>
<td>Poverty and Community Collaboration</td>
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<td>11:00</td>
<td>“Outside the ER” Health Options for the Poor</td>
<td>Substance Abuse and Poverty</td>
<td>How to Increase Voter Participation</td>
<td>Nutrition Education</td>
<td>Helping Formerly Incarcerated People in Poverty</td>
<td>Poverty and non-English Speakers</td>
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<td>Developing Tools to Raise the Minimum Wage</td>
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FIGHTING SENIOR POVERTY

- I'm a senior - JAMA
- learn more about resources.
- Interested in senior issues.
- Non-profit work w/ people to stay in home w. dementia.

- Circles (Justice)
- Senior issues affect me!!
- Hurdles to get help.
- Poverty in area for seniors
- Access to senior ctr.
- Issues w. aging relatives.
- Resources needed.

- Unused medications worthless? did law change?
- Senior centers may close lack of funding
- Unfair cuts to senior programs
- City Advisory Council (N/A/S+) being restructured.
- Need better N/A officers
- Better communication w/ senior centers.
Fighting Senior Poverty

- Senior centers partner w. other groups.
- $ was left to NIA's.
- Neighborhoods partner w. centers.
- Go beyond Sr. centers.
- Eco development issue.
- More mobile/mkt to seniors.
- Take the center to seniors.
- Legal services.
- Info out to people.
- Inventory resources.
- Health wise 55.
- Twilight light foundation start one.
- Computers/Internet access.
- Intergenerational programs.
- Need more connections.
- Can get passes on MEATCO.
- Sr. poverty community wide postal campaign to tell about services.
- Use JEDO.
POVERTY AND DOMESTIC VIOLENCE

* Collaborations
* Resources
  * Breakdown Stereotypes
* Exploring Personal Passions
* Ways to help
  * Topics of Discussion
  * New Ideas
* Survive
  * Provides Resources
  * How to help those in denial

888 822 2983
Hotline (Topeka Only)

Youth Rain
Mental Health

Aspire news app

* Increased in ratio when victim decides to leave
Poverty and Domestic Violence

Collaboration
Legal Status
Resources
Exploiting Personal Passions
Way to help
Breakdown Stereotypes
Survivor
Outreach
RAINN.org
Provide resources
Media
Networking
Aspire News App
When Georgia Smiles

Women don’t want to talk
Shame
Have info in offices
1-888-562-2583 Topeka
Sometimes must way to survive is stay
listen and be available
Don’t press our agenda
Trapped
Face to Face Contact-
Planting Seeds
Mental Health Issues
Youth - Dating Relationship
Intent, power and control, fear
Resources overloaded
Poverty
Safety Plan
NUTRITION EDUCATION AND POVERTY

* Innovative Education Strategies
* Nutrition strategies to help elderly stay home
* What else are doing?
* Other education programs
* Searching/Seeking
* Resources
* Interested in nutrition

* Healthy on a budget
  - Out in Communities
  - Group Setting
  - Health Ambassadors

* Nutrition/Lack of = Gateway to other K factors
* Family/Demographic
  - Home Visits/Smaller Gaps

WIC - Cooking classes
  - Brunch/Blind Basket
  - Prairie Land

SNAP - Online
  - Call Ctr - 816-929-3300

* Time as huge Nutrition Factor
  - Community Nutrition
  - Resource Calendar
  - School Connections
Nutrition Education and Poverty

Session 2

Nutrition Education + Poverty

K-State Research + Ext.

- Family meal time
- Provide nutrition related items and support for food stamp
- Teaching classes
- Checklist to determine what across participants have to refrigeration storage
- Educating parents

K-State Research + Ext.

- Nutrition education
- Food drive
- Community partnerships
- Nutrition education = Gateway to other life issues

K-State Research + Ext.

- Health ambassadors - nutrition education
- Project strength - 16 for eight weeks

K-State Ext - families with children

SNAP - food nutrition program

Home visits, neighborhood groups

SNAP - double your money - SNAP farmers' market

Healthy Basket - $16 for 40% of produce

Elderly - uninsured population - 20% of population served

SNAP benefits - SNAP to uninsured people to benefits

Call center: 816-929-3300
- Initial SNAP application
- Connect by local county
- Expedite the process - eliminate barriers

community calendar for referrals for nutrition education

Attitude:

School connections:
- Teachers in schools and afterschools for lunchroom leaders

nutrition helps eliminate "time" barrier
- Picking healthier convenience foods
- Heartland Healthy Neighborhood
- Making healthier choices easier at convenience stores

Talk about Topeka - nutrition education

Moms Everyday - 10:00 AM
Making Momb - Chris Olm

CRC double your money - SNAP farmers' market

Beautiful Basket - $16 for 40% of produce

Elderly - uninsured population - 20% of population served

SNAP benefits - SNAP to uninsured people to benefits

Call center: 816-929-3300
- Initial SNAP application
- Connect by local county
- Expedite the process - eliminate barriers

Community Calendar for referrals for nutrition education
POVERTY AND COMMUNITY COLLABORATION

*Community Collaboration*

- Neighborhoods
  - Lack of resources, understanding, organizational structure.
  - Resource fair
  - Funding support → City Council meets
    - Code enforcement
- Agencies
  - Lack of community
  - Build relationships

*List of attendees → Networking.*

- Where does Topeka Collaborate?
  - Community Resource Council → Heartland (Safe Streets, Vision)
  - Homeless Task Force → Housing & Neighborhood Development

Education is crucial
- WashburnEngage.com
  - Needs + Skills match
  - Monthly community lunches
  - Knowledgeable experts → education/resource pull

*Organize*

- Asset Mapping: already in existence
  - Community Resource Guide, CRC.net
- Neighborhoods seek existing resources
- What is our mission & how do we engage?
  - Stressors in neighborhood disengage
  - Legal Requirements
  - Recognition for good/progress
  - Motivated by “Champions” that live within neighborhood and keep moving
- Target for individual neighborhood first
  - Resources brought in
    - $0 or lack thereof
- Specific $ or Specific Project
  - Collaboration = Communication = Pooled Resources
  - Grants or Communication first?
    - Planning grants necessary
- Sustainability
  - Collaborating for this month or the future?
  - Collaboration for immediate services vs. the overarching fight on poverty

*Policy on Poverty for Sustainability
  - What is policy & what can be addressed?*

- Grand Policy → Bigger Picture
- Grand-level Neighborhood → Desire to work at person-level
- Community Collaboration Umbrella

Branches to implement collaboration.
FORMER INCARCERATION AND POVERTY

- Barriers
  - Job discrimination
  - Housing
  - Perceptions
- Poverty situations begin incarceration
  - Families negatively reinforce
    - Family/Friend therapy & support
- Positive lifestyle needed necessary
  - Re-entry/Readjustment (how to live)
  - Job skills addressed
  - CIRCLES Program (Judy N.)
- Mentoring crucial
  - Self Care @
  - Burn Out
  - Training & Support
- Human capital / Contributing to others
  - Agency
    - Communication
      - "Continuum of Care"

- Mentors
  - Understand needs
  - Relative experience
- Supports
  - Economic
  - Basic needs
  - Lack of $$$
- Training Programs
  - Bryan University
  - Career Sets

- Re-direction of skills
- Education
  - Funding for adult education
  - AOK Wash Tech Co-enrollment
  - Immediacy of Need
    - Resources found from within?
    - Rehabilitation need
  - Within the prison system
  - Plan for re-entry
    - Mentorship can bring?

- Generational Poverty/Incarceration
  - Start before incarcerated
  - Progress of change desire
  - Complication of family dynamics
  - The culture of crime/violence
  - Kansas Conference on Poverty
    - Children and Adult Programs
      - Prevention is immediate
  - KDCC Life Skills Program @ in Topeka
    - Education/School Help for children
    - Human Capital in Elderly
      - Productivity
    - What programs are working?
      - Individual needs: work progress
  - Re-entry Group @ Let's Help
    - 1st Wednesday each month 3:30
  - Topeka Metro has low-income pass
    - Legislation need
      - Reentry starts within system.
HOW TO INCREASE VOTER PARTICIPATION

Voter Reg Thomas Nam

- Low voting rate
- Local politics
- High school education on voting/reg
- Door-to-door registration
- Follow-up w/registered voters
- More opportunities to vote
- How voting affects a life
- Get people involved
- Online voting
- More advanced voting methods
- ID requirements problematic

Voter Reg & Participation Nam Thomas

- Engage social media
- Engage younger community
- 50% reg or eligible vote in KS
- Older people vote
- Higher income neighborhood vote more
- Voter reg at TSPL coming up (April)
- League of Women Voters-Carrie Lancaster
- ANU Admin Service registers voters
- Lack of information on campus
- Same day registration-policy change
- Voter education-voting not just for prez

Voter Reg. Thomas Nam

- Fraud has not been an issue in KS
- Elderly and minorities affected the most
- 12% of income in tax-vote solving speech-to-this
- Disconnect/miscommunication
- Candidates can be misleading
- Increase voter registration should be community wide
- Apathy
- KS system suppresses voters
- Voter registration form available at businesses
- Pride in civic engagement
HOW TO INCREASE VOTER PARTICIPATION
HOUSING SOLUTIONS FOR EXTREME POVERTY

- Tiny homes - under 300 sq ft
- Housing first unit (board properties)
- Poor housing conditions
- Affordable housing
- Tenant rights
- Vacant homes (Chesney, Tak, etc.)
- Vacancy rate
- HUD
- Chronic homelessness - Community Action
- Working poor
- Qualification process for housing

- Poor condition of homes
- Co-op housing
- Utility cost
- Older homes
- New development - energy efficient homes
  - Efficient refurbish homes - affordable
  - Transitional housing
- Weatherization program
- Funding issues
- Ex - Curtis Jr. High, apartment
- More low-income housing
- Repurpose buildings

- Neighborhood revitalization program
- Highcrest West - pilot?
- North Topeka - over the bridge
- Cornerstone
- THA
- Habitat for Humanity
- Environmental concerns
- FUP - Family Urban
- City funding - advocate
Tools to Raise Minimum Wage

Tools to Raise Minimum Wage 1
- Legal - City of Topeka could raise min wage (i.e., like Seattle, etc.)
- Currently researching issue with business owners
- Include skills training & opportunity for advancement
- Address stigmas & stereotypes of the effects of wage raise - cost of goods, reduction of workforce, data proves false/misinformation
- Marketing ideas/facts that support wage ↑
- Where would $ come from to fulfill wage increase?
- Adequate wages retain workers & build positive employer/worker relations
- Current min wage keeps people at poverty level
- Increase in wages = increase in spending/cash
- Corporate lobbyists actively engage w/Congress to keep min wage low

Tools to Raise Minimum Wage 2
- Educate business owners to benefits of raising the wage
- Two minimum wage jobs - full time - to survive in modern economy
- Shift subsidy monies - cut subsidies to large farms to level out cost of food at market
- Distribution of income: productivity profits have benefited Top income earners
- Why No Maximum wage?
- Unions movement - demand fair distribution of wealth
- Anecdotes v. Real Stories - i.e. Electricity or food bill?
- Raise wage = costs increase
- Min wage workers are backbone of our modern society - 24hr economy
- But treated as pawns - untouchables
- Systematic problem: Poverty-Prison-Low worth
Tools to Raise Minimum Wage

- Myth: only teenagers work at minimum wage jobs. 
  - B/w 40%-60% of fast food workers are grown woman with Children.
  - Myth: $9.50/hr would disincentive teens from going to college.
    - Truth: Not everyone Can/Will get to college. Need Workers AND academicians.

- How would small biz be impacted by raise in wage? Subsidize small biz to provide living wage?
- Ideal - people would have money to spend at small local business.
- Real - they'd probably still spend it at Wal-Mart.

- Livable wage more important than small biz support.

- City council could elect to raise min wage
- As a biz owner wouldn't you like to know that your employees are able to live healthy & well with adequate income?
- Lower wages = high turnover
- Undocumented/Unprotected persons may become scapegoats - will work for less, while Citizens quit the job to seek other job + higher wage.

- Raising the wage = investment in human drivers of National economy.
SUSTAINABLE FOOD SYSTEMS AND ACCESS TO FOOD

SUSTAINABLE FOOD SYSTEMS + ACCESS TO FOOD

Divide between food security + nutrition work together gets more done.

Schools closing (e.g., Surprise West) become community garden resource centers + teach gardening.

SH County Community Garden Network:
- Sharing to get interest
- Opening up vacant lots for gardening
- Sign up exists through HS extension office
- Would like to hire garden coordinator
- Leases + all in food systems

KC Community Gardens + Giving Grove

Giving Grove:
- Want to work w/ Surprise County
- Sustainable piece of production
- Need to reach out to extension + harvesters to disseminate food
- KS extension + education

Easy to say grow your own food but there is an education divide.
- Many don’t know for example how a tomato grows
- So many steps necessary.

Not everyone has access to soil.

Time to grow food + jobs, kids, etc.
- Need to keep up w/ necessary work.

Neighborhood food sales in food deserts a learning curve in knowing how to cook fresh produce.

Text people to preserve food + make extra money:
- A lot of education needed
- Utilize knowledge in rural areas
- Need to know regulations

Douglas County = Incubator Kitchen (Hilton also)

KSA = Value added debt

- Sustainable?
- Are these kitchens available?
- Schools? Older schools more likely
- Business skills needed for Chicago, Siky, etc.
- Too bad to make profit
- Can we provide training + cooking @ low to no cost

Visit Incubator Kitchens
Sustainable Food Systems
OUTSIDE THE ER – HEALTH OPTIONS FOR THE POOR

SEND PEOPLE OUR WAY

HOW MANY UNINSURED OR UNDERINSURED SEEK PRIMARY CARE IN ER

HOW DO WE CREATE ACCESS OUTSIDE ER

EDUCATION? / MORE CLINIC

NEED ADVERTISING = MONEY

HOW CAN WE DO A BETTER JOB PROMOTING PREVENTION = COST EFFECTIVE

NEED AVENUES TO HELP PEOPLE AFFORDING AIR, MEDICINES, ETC.

HIGH COST OF PRESCRIPTIONS

DENIAL CARE

CAN FOLLOW THOSE CRACKS IF MAKE TOO MUCH

WAL-MART VISION CENTER = NEED TO APPROACH CORPORATIONS

+ ASK TO GIVE DOCTORS

TOPEKA RESCUE MISSION = HUGE NEED

- MOBILE HEALTH UNIT

- COLDS, BRONCHITIS, ETC

- NEED COLLABORATION

- MISSIONARIES IN NEIGHBORHOODS

- MOBILE CLINICS FROM VU IN OAKLAND

+ MORE OF A PERMANENT PRESENCE IN NEIGHBORHOODS

TRANSPORTATION ISSUES

HAVE A SATELLITE OR MOBILE HEALTH CLINIC

- CCF (GOES OUT TO NEIGHBOR)

- CONNECTS TO TANF / GO TO MAIN OFFICE FOR MORE WELLNESS POINTS

- DISAPPROVED HAS NURSES COME OUT ONCE A WEEK

- NEED MORE IN NEIGHBORHOODS, WHERE PEOPLE LIVE, THEN

- NEED MORE PRIMARY / NURSES, ETC

- MORE COST EFFECTIVE AS COMPARED TO USING ER / PERSON CAN RUN

- ENVELOPE COVERS THE COST

WORKING POOR = DON'T HAVE ACCESS TO SERVICES AFTER HOURS

- CAN'T GET MEDICAL CARE & END UP IN ER

- NEED MORE VOLUNTEERS FOR MOBILE

- CAN SEIZE REFERENCES OR GIVE IMMEDIATE NEED

OTHER OPTIONS = TELEPHONE

= VA IS DOING A LOT OF TELE MEDICINE / SKYPE

- ELIMINATES SOME BARRIERS
Health Options for the Poor

WHAT ARE SOME OF THE BEST OUTSIDE OF THE BOX SERVICES?

- House Community Dinners → Blood Pressure Screenings
  - Local Pool of Volunteers
  - Support of Churches w/ Doctors & Medical Personnel
  - Need to get word out more

- Expand to other areas in town → Poverty Areas of Town → Mobile Units

- Childhood immunizations → Do these as Back to School Events
  - Offer a Wellness Clinic for Mum & Dad
  - So do Health Does → Need Immunizations

- Libs & Parks → Room for Shared Use

- Talk to TOPEX METRO → Would cost in summer (Cost Pensions rise per 10%)

- Summer Feeding Sites:
  - Free
  - CAF = Once a month breakfast available for questions about meals, therapy, etc., worked well

- Gotten away from self-sufficiency → Neighbors who can help → Education to Empower & Equip to Help in Neighbors
  - Like Emergency Shelter Service does with Sheltering Tornadoes
  - SG→ What to do w/ a fever
Health Options for the Poor

1. Does this add up intuitively?
2. Someone has to say "No" to this.
3. Was there a time line?
4. Contract to a personal position.
5. When was the next step?
6. How do we capture this forward?

Healthcare for the Poor

- Local funding, crisis, and disaster
- Health care for the poor
- Emergency room
- Volunteerism, care of elderly

- Health care for the poor
- Emergency room
- Volunteerism, care of elderly
- Health care for the poor
- Emergency room
- Volunteerism, care of elderly

Has there been an expansion of the poor?
- Yes
- No
- Expand

Has the boom ever been? Yes or no.
- Yes
- No
- Expand

Now let's get back to work.
POVERTY AND PARENTAL INVOLVEMENT IN SCHOOLS

Parent involvement in schools
- be able/willing to speak about other programs
- Build Relationships
  - Hispanic pop
  - Other agencies
  - relationships
- Style to how do we develop it?
- Home visits = start off as first positive visit
   - number write all from part of group
   - start where a parent is
   - idea = listening is a value not a skill
- Barrier = lack of parents having education
  - make learning fun, teach this to parents
    - coding
    - gardening
  - Barrier = low parent graduation rates
    - free range, parenting style - Summer are optional
- Barrier = Too much parents think it's important
  - who do parents think?
  - Don't tell them, teach them
  - very important

More on involvement of male staff
- at the level of youth or children participation
- get engaged with them
- Parents known about school via children

Issue:Barrier = lack of transportation
- bus passes for parent's school activities
- youth
- 9-12 bus passes during school year

Barrier = Other agencies need to tap into bus passes
- K-4 - gas card/ bus passes

Barrier = best time, teacher's discretion
- not convenient

501- letting staff know about resources
- Mandated report ask A family preservation
- Parents helped "not sparked"
SUBSTANCE ABUSE AND POVERTY

What is that trip--the trigger of a person that leads them to get help?
- Science
- Looking for the help/hit trade bottom
- Calls made to BF
- Stating = income

Barrier = employment
- Chronic
- Increased/lowering systemic to follow addiction

Transitions youth/MH
- Training on medications, health records
- Self-care

Integrate control
- Somewhere for children to go/care
- Youth services - break generational cycle

Idea - Den's forget AA, NA, Alcanon,
Celebrate Recovery
- Repeat Poverty - not access to services/and related violence
- Get rid of locating list = on demand timely service provision

Barrier - how do we get past the bureaucratic "crap"?
- (one state too)

Idea - if Kansas would expand Medicaid
- Point of advocacy to 150%, poverty would get services
- Peer support added to the drug & alcohol "world"
- Need support provided by people with no history of addiction
- Mentoring
- Clean site, healthy, feeling working home
- Focus on a new environment

Perception of substance abuse
- Peer vs rich

Barrier - mental health - medication & therapy
- Lost in System:
- Appointments all over the map
- Transportation

Idea - Integrated Services
- MIH services
- Drug, alcohol, abuse counseling, etc
- Primary Care
- Mentoring program/peer mentorship
- Physical Services
- Spiritual
- Depression, anxiety
- Youth Services/treatment

Idea 9 - Mental Health, first aid
- Naloxone
- Fentanyl
POVERTY AND MENTAL HEALTH

Mental Health #1
- Homelessness—not able to manage—we help
  - Not always able to manage $ alone
  - Find employment—lose services—lose job—cycle repeatedly
- Need for transitional services
  - Need society’s support to provide services & recognize need for mental health services
- Mental health issues lead to incarceration b/c mental health facilities shut down
  - Self medication renders real mental health services ineffective
  - Lots of relapsing
  - Substance abuse treatment filled up—no new clients
- Relationship between police & Valeo &
  - Officers go through HoCo Crisis Intervention
  - HoCo many crimes are mental health issue at root
  - Inclusion of corrections staff for Crisis Intervention
- Treatment, housing, & employment are main 3 components to addressing mental health issues
- Revolving door released from incarceration—no service for mental health—re-offend—re-incarcerated
- Valeo just got diversion grant—choice between mental health treatment or jail

Mental Health #2
- How to work through stigma/stereotyping
  - Jail $300 a day per person without health
  - $600 a day for non-mental health
- Not being able to afford/maintain medication
- Struggle to find correct medication per person
- Continuity of care—finding what works for someone(especially families and families of people in the criminal justice system)
- Mental health overlooked b/c it’s internal
  - Importance of education about what it looks like to suffer from mental health issues
- National Alliance for Mental Illness (NAMI)
  - Resource in physical illness
  - Change our personal perspective & share w/community
  - Imperative to act on it as un-treatable, terribly shameful
  - Changing language used to discuss
  - Normalize mental health issues—it happens a lot
  - You’re not alone
  - False perception that an individual has choice to overcome
  - Misperceptions from media & pop culture
  - Difference between being born with vs. onset as adult
  - Poverty changes the brain of a child—always in stress/trauma
Poverty and Mental Health

Mental Health 

- 1 in 4 children in KS lives in poverty 
- 3 in 4 in Topeka
- Effect of trauma on mental health & poverty
- Importance of voting & politics on mental health policies, etc.
- After legislative session is great time to reach politicians

Combining counseling w/medication
- Consistency w/taking medication
- Medicaid/insurance/what affects seizure, follow-up treatment
- Problems w/approving medication & treatment outcomes w/out of treatment

- GoodRx.com - resource for medication

- Military populations especially affected by mental health
  - PTSD specialty coming to Topeka

- Family Service + Guidance - mental health treatment for kids on a sliding scale

Emphasize self-care w/ kids & adults
- Deep breathing
- Stress management
- Talk therapy
- Meditation
- Exercise
COMBAT POVERTY WITH FAITH BASED SOLUTIONS

Why Faith Institution
- helping people come to FB org
- cross cultural lines
- issues/topics can be discussed safely
- Providing Hope
- “Do the least...
  System: each family contacted by individual
  in church; providing ongoing followup &
  friendship

- Wholistic approach

  How better address issues
  - Educate in FB comm @ issues
  - Get involved as a FB

  Direct service vs. Policy
    harder to do from FB perspective
    with people from divergent perspectives

  Drawing line b/t evangelism & helping
  How to help without proselytizing

Be the Samaritan
Outreach vs Evangelism
Salvation Army has Social Services
but all of the workers are ordained ministers
Mission: to help, walking out faith
Volunteers in own faith
Do we have resources/services in own church?

Pathway of Hope Program
To help break poverty cycle.
Deanna Turner, Salvation Army

Difficulty to get Out of System
Budgeting Difficulty
FB can help in transitioning

3:15 1st Christian Church
“Teach them how to fish”
FB communities don’t trust each other much
- Talk to each other more
- Reduce duplication of services
- Division

JUMP Justice United Methodist Program
18 congregations pool policies to advocate
x advocate specific City Commissioner
Combat Poverty with Faith Based Solutions

Cross religious barriers - Muslim, Catholic, Jew
- Communication needed

DoorStep
Interfaith of Topeka

PICO - Nat’l Organization (Colorado)
- Inter-Faith would like to see this kind of org in KS
  piconetwork.org

Safe Streets Coalition
- 1st Wednesday every month
  @ Great Overland Station

Holly Ground, Topeka
  holyground-topeka.net

Federal Grants for FB?
- less restrictions than (long ago)

Church said “no we can’t help
because you don’t help in church.”
- Business %
- Basic humanity vs. Business

Partner & McElroy Elementary
- Coats, Food Drives, painted equipment;
  people volunteering, Back Snack

Maclay

School/FB -> Sharefest
- Emergency Disaster Canteen @ Salvation Army
- 5 meals
- where largest population in need.
  Pine Ridge, Echo Ridge
  11-30-12 12:15
  Free lunch

Legislation cut off summer lunch

Books
- Innovate, keep things focused on
  particular problems

CALL TO ACTION

Ideas for Engagement:
- Educating & Opportunities to get involved
  - St. Andrew’s box - look into it
  - Talk to Pastor to challenge him/her to challenge
  - Your congregation to help
  - Volunteers needed - many opportunities

- Mission work HERE in Topeka
- Develop relations & with those of
  different faiths
- Leaders reaching out to other leaders
STRENGTHENING THE RELATIONSHIP BETWEEN PROGRAM AND POLICY
ENDING CHILDHOOD HUNGER

- Marketing + knowledge about resources/Correcting + building relationships
- Transportation to feeding centers during the summer
- Volunteer programs to allow families to eat
- Regulations that are counter productive; prevent service
  - Reconstructing regulations to allow programs success
- Having community conversations that identify issues
- Partnering with community organizations to pinpoint areas of need

- Utilizing community resource council
- Breakout in classes/community/eligibility
- Parents becoming advocates in schools to ensure meal
- Availability to food banks/changing the free policy for food banks (individual agencies)

- My plate guide; educate nutritious eating
HUMAN TRAFFICKING IN KANSAS

Global problems

17,500 into US to work

Majority are sex trafficking

Some say we have labor & sex trafficking

Half already

Some are 13 years old

Serving them at YWCA

2010 - 2 identified

2014 - 328 identified

Awareness: Rescue Mission, currently have 3 women

Had no idea they were there

Some are reaching out but some are

Terrified

There is a group of women that they want to help

Trafficker takes young girl out of her community

Long as they are after trafficker, they are in danger

Rescue Mission takes different approach

With those, they identify so they protect them than trafficker

Correlation between domestic violence

Trafficker. Still a home, exploited but

Out of home, referred to prostitute

Stop domestic violence before it turns to trafficking

Prostitute is what they do not what

They are

Once they come out of the life, they

Need more care, can't do any thing

Just learn at home

There is a turning of the tide to arrest

The johns & send trafficker to social services

Butterfly Project

If you

You must move the women from the

City where they were trafficked

First come out of trafficking, they

Need time to decompress, receive

Care & attention, then they

Come into awareness,

Lastly they can go in to restoration

And into a program

In beginning just need time to decompress

Have been slaves, not in control

They need time before they have

To follow rules and do chores

Need to find balance with support but

Not isolation

One referred to it as an addiction

Long term trauma affects brain
Human Trafficking in Kansas

Someone who has been trafficked also has a chemical change to the brain.

Trauma bond created with trafficker.

Long process to change from thought of trafficking.

Some people have taken them into their homes to nurture.

Will be grant money available for mentoring.

More work being done in faith-based organizations.

Nashville - Hustle Farms - good program - rescuing, working in supportive environment.

Website has education programs - learning the signs.

Need healthy relationships.

Education of the age group.

Do have TPD that are trained to identify women.

Social agencies are learning questions to ask.

Do you have a phone?

Do you live where you work?

Do you have a car?

Do you get to keep the money you earn?

Why don't we have a task force for this?

The Attorney General is working on this.

Dear sir,

States are suspected.

Have quite taken them from home.

Living expenses come out of what they make.

Gloria example here in Topeka.

I'm 5 prostitutes in NYC is Arm K3.

Pimp said KS girls move.
HOUSING SOLUTIONS FOR HOMELESS

**Housing Solutions for Homeless**

- Partnership among home owners that have opportunities for staff to be part of the workforce to refurbish the homes, learning opportunities for learning soft skills
- Vet would be accountable to organization as well as landlord
- Unaccompanied youth—there is nowhere to place them—rely on favors to house them—some disappear
- Houses are broken down boarded up—someone can make them habitable
- Opportunity for youth to learn
- What problem goes along w/ that in that someone owns that home.

**Solutions for individuals in custody, learn trades, find out work teams to assist in refurb houses**

- A lot of people in custody go out to homelessness (75%)
- Homelessness adds to recidivism rate
- Rescue Mission not patron for unaccompanied adult
- People w/ barriers (mental illness)
- Shelter Plus Housing (Care)
- Takes awhile to get into
- Headed by Corrie Bright @ City Topeka
- Duplicate resources that are out there
- Sometimes can find family housing
- But they have nothing, no furniture
- Some people go to garage sales and take what is left unsold

**KS Free Cycle—like Craigslist but free**

- Need organization to collect all these opportunities and put them together—maybe CRC to add to their website
- Need for emergency housing for children (unaccompanied), & short term for adults
- ICTOS in Wichita developed a day site for homeless to have their needs met, look for job, wash clothes, have mentors there, like a haven to avoid human trafficking
- Have a bag of supplies to hand out to them
Housing Solutions for Homeless

Building on 3rd & KS for sale, site for agency to go on?
Building “green monster” is another place that could be rehabbed
St George Apartment
Old Summer School could be rehabbed has opportunities for classes, has bathroom
Youth Center developed for homeless youth
Spending money to get these youth into positive situation saves $ in the long run.
2 places in KS for youth
Topeka
KDOC closing Villages 7/15
Funding from state is stopping
Find an effective model to follow. Wichita one such model

Make people in city (all residents) aware of problem.
Publicize – like the one count of the homelessness
Make people aware of various scenarios of the homelessness

Topeka Moving Ahead program.
Funding but then temporary funding, waiting to hear about funding. Is modeled on successful program in Boston

Find an investor, investor.
The must be organizations in Topeka that would invest in this.
Just keep asking!

Community comes together for things & like turkeys at Thanksgiving. So why can’t they come together for something like this
Need a model

Need a one-stop place for this.
Community Resource Directory wonderful

Children’s Home
Crisis Center
Child Advocacy
Community Homeless Service

1/6
SUPPORTING THE WORKING POOR THROUGH POLICY

#1 Support the Working Poor through Policy
- Right to work state
- No unions, better wages if there was

1. Keep the there
2. Keep people at or below the line

Seeking higher education
- Policies
- Training
- Seeking higher education
- Interest rates are high
- Policy Development

#2 Create new policies if needed (grass roots, something else)
- Fear - lack of education
- Attraction

- Worried about political ramifications if involvement is too high
- Public backlash
- How can we be more effective
- Need to focus (food, medical, etc.) on I have a time
- Common themes with this
- Behavior changes how to do things differently

#3 Unified Voice (No Silos)
- Lobbyist for the poor
- Working poor (paycheck 2 paycheck)
- Minimum wage
- Does it or does it not increase overall costs - look at the data
- Platform helps get word out
- Collaborative approach (CRC)
- Many statewide orgs have already working on this
- KCAP: lots of others to network together
- Impact through policy can it be tracked?
Supporting the Working Poor through Policy

- Network to impact
- Food & Security for children & families
- Collaboration: Expansion of each org by working together
- Teach to fish: but no fish is just as bad
- Church groups pick a topic to work and help
- Overload the policy makers, makes it hard to address exactly
- Show up for other people

- More people
- Voting could impact policies: major part
  - Informed voting
  - Will the poor be heard if they vote?
- How do we move forward with these ideas?
  - Work w/year org to go advocate
  - Network increase knowledge within each organization
  - Keeps duplication from happening
  - Us together

- Education of orgs/individuals
  - Could be policy based
- Specific policies affect voting
- Money affects some policy decisions
- Target voters that elect policy makers
  - Prepare w/agendas to soften them.
POVERTY AND NON-ENGLISH SPEAKERS

1. Access to resources are unknown or hard to get to.
   - Available, don’t know about it.
   - Distrust of certain events due to being fear.
     - Makes outreach difficult.

2. Post resources at Facebook: [fb Comunidad Latina de Topeka]
   - Bilingual advocate. Talk to them in their language.
   - Build relationships. Is their voice for the Spanish community.
   - In their language.

3. “Plaza Comunitaria”
   - Barriers to students taking GED in Spanish.
   - Workforce development (Job application, interview skills, etc).
   - Use data.
   - Using bilingual students to help with communication.
   - Org struggle to have info translated, need to do a better job.
   - Cultural and language education.
Poverty and Non-English Speakers

4.
- bilingual kids are here and could impact our community if they were mentors
- could sponsorship help get kids to college to be bilingual teachers
- There are avenues for them
- education for undocumented population - partners
- collaboration with groups
- trying to do things better by targeting groups of actions

5.
- go to where they're at
- gain respect by just being there
- school - career development
- what is the investment for the organization for non-English speaking student.
- can the teachers be multilingual?
- can the teachers be multilingual?
- early headstart
- early headstart
- what programs are for older population?
- Immokolee Family Literacy

6.
- mango language database at the library
- how do we impact them now?
- resources - collaboration - partnerships
- marketing
- hiring
- independently minded

[Studentaid.ed.gov] TEACH
[nacerra.org] TEACH
SUPPORTING THE WORKING POOR WITH PROGRAMS

Supporting the Working Poor with Programs

- Find out more
- Harvester: 95% working poor
- My son is working poor because of child support
- Discussion ignores working poor often
- Technicalities keep people out
- Low income bus pass: 50% (other non-metro poor)

2. Working Poor
   - Looking for collaborations: home for working vets (entrepreneurial)
   - Working poor + systems that stick people on ppm
   - City home repair ppm is underutilized
   - People need resources
   - Benefits class
   - Systemic changes needed
   - Crises throw folks into poverty
   - Learn
   - Raise minimum wage
   - Weatherization ppm

3. Classification of working poor
   - Real data about effects of increased minimum wage

- Food for Kids Summer ppm: Echo Ridge
  - Pine Ridge
  - Salvation Army
  - Pathway of Hope
  - Help to Clients with Kids
  - Gina Turner
- SNAP ppm: Help
Supporting the Working Poor with Programs

- Use our voices
- Vote
- Food programs in community are linked.
- Ensure no duplication of services
- Education to get thru a crisis
- Help creating action plan
- Protocol for urgent needs among agencies
- What is working poor - 200% of poverty

- Local agencies could agree on definition of working poor.
- How do we help people be self-sufficient within their means.
- Dual conversations about poverty - help now, fix later.
- What's the systemic problem?
- Economy affects ability to get work.
- Conditions of poverty

- Hope
  - Minimum wage.
  - Mayday PAC
  - Wolf PAC
  - Taking $ out of politics.
  - Push min wage up on local level.
  - Vote
BATTING THE POLITICAL VIEW OF THE "POOR"

- if you don't define yourself, someone will define you
- what does it mean to be defined as poor?
- who's making the definition?
  - how?
  - finances
  - social mobility
  - poverty thresholds

Caution on putting labels on people
- resources, control of life, hope for future
- Maslow's hierarchy: how do you even get up to top?
- There will always be an underclass
- nature of economics

independence
- what if everyone had basic needs met?

System is stacked against poor
- special needs care situations
- doesn't always pay to work
- some of us are "getting it right"

Benefits need: Above is care
- we should take care vulnerable
- vulnerable vs. poor
- gradual plan to poverty, hinges on financial benefits
- can people even rise out of poverty by just receiving benefits
Battling the Political View of the "Poor"

- Battling Political View Poor
  - Too difficult to get ahead, esp. when education is limited
  - "You get a raise, it gets taken, you can't get ahead"
  - What is abuse? (context food, stamp fraud)
  - People need help now
  - Hard to compare w/benefits or "teaching" like comm, gardens
  - Humanizing Poor - needs to happen
  - Classes in U.S. structured for middle class
  - Lack of understanding/concern between classes

- Until you're experienced poverty yourself, you may not really know what it's like
- Business owners (local) lumping all poor together
  - Don't understand vulnerable vs. those who are trying to "dig out"
  - Again, more has to go out of home budget than they can earn
- Politicians are going to follow the money, they are business owners
  - Grandparents raising grandkids on limited income
Battling the Political View of the “Poor”
POVERTY'S IMPACT ON LEARNING & EDUCATION

ACCESS
- Funding of education based on property taxes
- K-12 also impacts higher ed.
- Voc rehab: helpful, allows people to contribute to education

2 directions: who are people in poverty being impacted?
- What is poverty's impact on ed

Basic needs

Poverty Ed & Learning

Urban blight
- Some districts like So. have reputation
- Scoring lower quality than surrounding districts
- Parents living in poverty don't know
- Don't know how to access resources & advocates w/ ed system

Early childhood ed: impact on brain
- Stems pre-natally
- Access to affordable pre-K education
- Have to work on behaviors before education
- Not understanding cause & effect
- Different expectations for education
- Know about brain, dys, learning, training

Kids who move a lot: shifting
- Kids in high school: different curricula
- Mobility: lack of stability
- Indicator of drop outs

Gap between pd lunch & free/reduced lunch
- Represents huge gap in dropout rate
- High degree of covariance: high % of inmates w/o
- Limited education opportunities
- In Ks, there is no max age to get H.S. diploma
Poverty's Impact on Learning & Education

Elementary Teachers: sometimes teach the children they think have a better chance of being successful. Don't spend much time with others.

- Need to realize that these kids matter and work with them.
- Don't just pass them on.

Teachers telling kids that they aren't "good" at a subject.

Children who are characterized as "defective," aren't encouraged, and can't get unlabeled.

School Size:
- Depends on teacher's attitude
- Corporate culture, ethos, and school system
- What is organizational culture?

Cash assistance: there are some parents who are looking for a "label" for the child because it will give them income stability.

- What gets labeled as a "disability?"
- Parent response
- Educator response
- Measure of labeling
- Medication

Disabilities: just because it doesn't have a name, it still exists.

Discipline: it's changed.

Educators use a lot of acronyms and labels.

- Difficult to think, easy to judge
- Horrible underfunding of successful programs
  - Can't serve all the people who could benefit because of funding
  - We don't look at the long-term impact
Poverty’s Impact on Learning & Education

- Language gap: 30 million word gap
  - More words, higher reading levels
- Education: Preventive measure, keeps people out of corrections
- Disconnect between what educators are teaching and what students comprehend and can relate to
- Critical thinking: Is it being taught?
- Technology gap between generations
- What does paying attention look like?

Learning styles
Teachers: If the students are bored, it's the teacher's problem
- Empower students
- Students must communicate
- Key into non-verbal

Importance: But not being taught to new educators
- Teacher relationship outside classroom is also important
- We may be setting kids up for failure

What is the purpose of school?
- Competing ideas/philosophies
- Basic needs
- Expectations from society
- Teacher compensation

Education sometimes keeps people in specific "niches"
RESOURCES FOR HOMELESS YOUTH

1. McKinney-Vento Act
   - Homeless Services/Schools
2. Casey Family Programs
3. DCF/IL
4. Electronic Backpack
   - Keys for Networking
5. LACKING
6. PRE-K
   - More Needed
WORK GROUPS
CIRCLES OF SHAWNEE COUNTY

NOTES from June 15, 2015

Conversation on Poverty *Circles of Topeka* Breakout

Dale Mothery, PCC, described Circles. In Iowa, it began in 2003. Today it is in 23 states, including Kansas with 17 sites. However, Topeka does not yet have a Circles group. The Capitol City of Kansas should have a Circles group.

He noted that to be a ‘Circle ally’ there are 19 circles. A Circle is an action project where people who are in poverty (called Circles leaders) and want to help bring people out of poverty can work with members (called Allies) with the goal of learning how to get and stay out of poverty.

The project works like this. A large Circle meeting held weekly for Leaders and Allies to get together and have access to resources (not usually available to such groups such as mental health, physical health, credit counseling, transportation, housing and others). These meetings will include curriculum and meals will be included. Housing and neighborhood development, Retro, and other partners to be identified later.

The individual Leader and Ally will meet individually 2 or 3 times monthly and work on the Leader’s identified goals. Leaders set their own goals.

Questions:
Q: How to target Leaders? A: Individuals and groups that are interested in serving as allies or in the guiding coalition will be able to refer people that are interested. There is a great need of need.
Q: How long do meetings last? A: There will be ‘trials’ of Circle Leaders, so folks can “graduate” after 12 weeks of meetings if they are able and ready.
Q: What happens when people are out of poverty, do they stay out? A: Poverty is difficult to overcome and remain out. Sometimes, people will move in and out, and Circles can help them all along the way, as they wish to participate.
Q: Is there a follow up program? A: Not as such, but Circles’ meetings are open to graduates and allies as well, as the current class of Leaders. The hope is that Leaders and Allies will form lifelong relationships.
Q: What about training? A: Leaders will take 16 weeks of training. That is already prepared by the Circles Foundation.

The individual Leader and Ally will meet individually 2 or 3 times monthly and work on the Leader’s identified goals. Leaders set their own goals.

Reflection of the day: Leaders who take class training. The cost of the Circles program and training, technical assistance and other pieces of the package is $15,000 for the first year, $12,000 the second and $10,000 the third.

Circles and Allies have separated and Circles developed their own brand and curriculum.

Title may be “Circles of Greater Topeka” as discussed by the group. League of Women Voters of Shawnee County would like to link this group to support circles (Carrie). Dale noted that a core group of interested volunteers already exists, some from the First Christian Church Justice Ministry group. They will commit to speak to any interested group.

There is data available on the Circles USA web page showing the success of the project elsewhere, not sure about Kansas data. Will follow up and reply to all who left their contact information.

The cost covers curriculum, unlimited coaching training, support, materials, database, programming, registration for directors and others to national training conference.

Closing: Dale will send email with possible meeting dates and notice about the JULY 17 PRESENTATION by Scott Miller, Circles USA, Founder, on the program and work in Topeka that might follow. Invitation to all participants and share with any and all who may be interested.

Thank you for your interest and your concern for neighbors in poverty.
DECOMPRESSION GROUP
- many people are disconnected, disengaged, disenfranchised
- campaign finance-large corporate donation drives candidates more than constituent voices
- Citizens United 2010 allows for bribing of candidates as a Super PAC can give any amount of money to a campaign
- Represent U.S.-anti-corruptions bills directly to ballot
- Has to happen at grassroots, local, state, & national level and be already corrupted
- People feel defeated before they start but the problem is so huge
- Disillusioned vs. Apathy
- Some people care but don't participate in the vote
- Leg work—people power influences others to participate in voting process. Give peers incentives, social pressure.
- Sometimes it feels that the act of voting continues to support the current system of corruption.
- How do we bring it home to SNCC? Show up and participate
- Need voter education to teach citizens to follow the money. Such as Americans for Prosperity contributing to local (city) candidates.
- Need persons/peers to stay on top of voters & issues to keep communities educated.
- Including all citizens in the community takes a lot of legwork.
- Once people realize they are part of a community, they begin to care enough to participate.
- Find ways to open up the conversation to realize connections between parties.
- Work in neighborhoods with low voter turnout.
- Why don’t you vote?
- Get to know candidates, take the time to have discussion with Council members & Commissioners.
- They can’t believe there is a problem if the citizens do not make it known.
- Watch out for “Party Bombs,” such as Abortion that get citizens embroiled in argument while corrupted legislators push other bills through i.e. Judicial Selection
- Don’t get caught up in Party division, find common ground.
- Corrupted politicians purposely muddy the waters to keep citizens confused from what the real issues are, can’t keep up with bills as they develop.
- How can we do this Now?
- Fourth of July – talk about how voting is patriotic.
- Power of Five – talk to people about issues/candidates and ask them to talk to Five.
- June 30th LWV Voter Registration training 7pm @ TSCPL
- Davis Hammert will email follow up.
- Plan Block Parties.
- Use Facebook – specific group
- Voter registration at School enrollment night K-12’s
- African American Caucus of SNCC
- League of Women Voters
- Ballot initiative – keeps the Party division at bay, unites people around issues of Campaign Finance Reform
- Davis Hammert – Voter Reg
- Ben Barpee – campaign finance