

BENTON HALL



WASHBURN<sup>TM</sup>  
UNIVERSITY

SCHOOL OF APPLIED STUDIES

Spring 2016

# SCHOOL OF APPLIED STUDIES

Allied Health • Criminal Justice & Legal Studies • Human Services • Social Work



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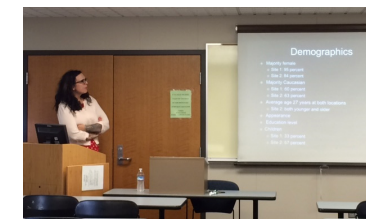
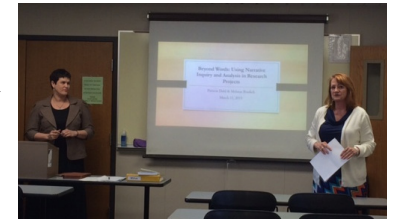
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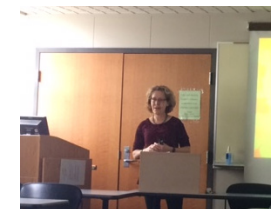
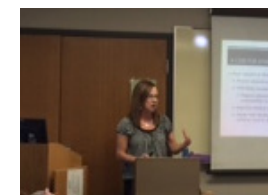
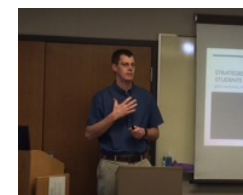
Contributing Writer: Alicia Weir, School of Applied Studies

The School of Applied Studies (SAS) celebrated its tenth year for Pro Seminar this Spring. Pro Seminar is a professional forum that allows faculty and graduate students to showcase their research here at Washburn. This forum was created by Associate Dean Gary Bayens and Social Work Professor Dan Petersen. They came up with the idea after attending professional seminars at KU for the Ph.D. Human Development and Family Life program. They thought it would be great to bring a similar idea to SAS because several others were interested in research. Washburn is a teaching university yet locally there is not much opportunity for faculty to showcase research. Pro Seminar would provide that local forum.



Over the years Pro Seminar has not changed much, it is always in the Spring semester on Fridays during lunch time. Participation has remained steady with a slight increase recently to around 10-20 in attendance each session. Research and creative activities were the original topics

presented but a few years ago it was expanded to include talking about alternative teaching methods. This allowed for faculty to be informed and see the results of implementing other teaching methods. So far no students have presented at Pro Seminar, and this may be due to several other forums available on campus for students to present research. The goal is to continue to offer Pro Seminar but with the hope of expanding participation within the school.



## STUDENTS TEACH COMMUNITY

Respiratory Therapy students test pulmonary function at the Annual Wellness Fair.

In March, the Employee Wellness program hosted the 8th Annual Wellness Fair, an event open to the public to promote health and wellness in the community. The Respiratory Therapy (RT) program had 7 helpful and enthusiastic students (4 first year and 3 second year) help perform a basic pulmonary function screening test. This test screens for lung volumes and capacities, as well as flow rates. If any abnormalities are found during the screening, participants are encouraged to see a physician for further screening. The students performed tests with a hand held spirometer which is used in the medical field to measure the values and capacities of the lungs.

The test is performed by the participant taking in as large of a breath as possible and blasting that breath out fully and completely.



**Back row (Left to Right):** Bailey Alexander, Ashley Andres, and Adjunct Instructor Sharon Estes  
**Seated (Left to Right):** Audrey Mayer and Davee McLeod



Adjunct Instructor Sharon Estes and students assist participants with spirometer test.

The spirometer will provide the data needed for the Respiratory Therapist to make calculations that help identify if there is a potential pulmonary disease. The values are based on comparing the predicted values (calculated on age, sex, and height) to the obtained values from the device.

This event not only gives students a chance to practice using a spirometer but also experience working with the public. Clinical Education

Director Ida Johnson said “Our students are highly encouraged to participate in community activities. Not only is

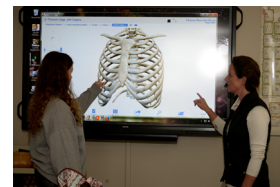
it beneficial to the community, but it promotes our profession. Students have had the opportunity to practice spirometry screening at other community events such as Cider Days and Day of Dance in collaboration with other RT’s in the community.” This is a great opportunity for students to volunteer.

## NEW RADIOLOGIC TECHNOLOGY LAB

Renovations improve student learning and keep up with industry standards.

Over winter break, Benton Hall was busy undergoing several updates. The students in the Radiologic Technology program were ecstatic to come back to a completely renovated x-ray lab. The project, two years in the making started by Adjunct Associate Professor Emeritus Linda Croucher and Radiologic Technology Program Director Jera Roberts in an effort to improve student learning. The x-ray lab was updated with more equipment, software, and a new layout. Roberts explains, “the x-ray software and equipment is now comparable to what the students utilize during direct patient care assignments at hospitals and clinics.” The new layout of the lab includes an additional x-ray room. Radiographer Clinical Education Coordinator Hillary Lolley said, “our original x-ray room had a floor mounted unit which can prohibit us from demonstrating certain x-ray projections. The new room has a ceiling mounted unit which allows us to demonstrate any image projection without restriction.” Computed Radiography equipment was also added because the x-ray images are scanned in as a digital file to view on a screen. Compared to other equipment that prints x-rays on a film and then must be put under a light to view. To illustrate, the photo at the bottom left is an example of new software called Anatomy Atlas. Students are able to move a 3-D image using a touch-screen to help visualize the desired x-ray image. The middle photo displays an object called a phantom. Phantoms give the image of human anatomy for specific regions of the body. Phantoms are used more often to reduce student exposure to ionizing radiation, also it teaches students about basic body positioning and how radiation factors into x-ray image formation. Radiation cannot be seen so this helps students practice with the effects of radiation. The photo at the bottom right shows students practicing how to position a patient. Students are given the opportunity to ask questions and receive advice from Lolley. This gives them body position experience without producing an x-ray image.

“We do our best to align the program’s curriculum with the current industry standards. The new lab will provide faculty with the tools needed to challenge our students in a way that better prepares them for current industry practices” Lolley said.



Student Carrie Castlebury demonstrates Anatomy Atlas which is an interactive software that allows students to manipulate the anatomy of interest in 3-D.



Student Katie Dodson positions a piece of equipment that simulates anatomy for a specific region of the human body called a phantom.



Clinical Education Coordinator Hillary Lolley assists Katie Dodson on the best way to position student Erin Habig.

## COURT MEDIATION

WTE allows students to get hands-on experience beyond the classroom.

Mediation has become popular for those who entertain conflict resolution as a needed skill. When a student expressed interest, Criminal Justice and Legal Studies Assistant Professors Melanie Worsley and Amy Memmer arranged a meeting with Lindsey Schwartz the Director of the Juvenile Diversion program at the Topeka Center for Peace and Justice (TCPJ). The center offers a mediation program to juvenile first time offenders. After discussions, Memmer and Worsley teamed up with TCPJ and put in a request for a Washburn Transformational Experience (WTE). The WTE allows students an opportunity to be involved in a transformational experience in areas of leadership, community service, scholarly or creative, and international education. “We wanted to create a scholarly/creative WTE that focused on a small group of students. We came up with an outline for the training and co-mediations then recruited students, it was a whirlwind” said Worsley. Before students can participate in mediations they have to complete 16 hours of “core” mediation training with TCPJ, paid for with WTE funds. After completing training they participate in 3 co-mediations with a court approved experienced mediator. The “core” training and 3 co-mediations will satisfy the requirements to apply for Kansas Supreme Court Approved Mediator status.

Memmer spoke on the purpose of the program, “students take all these courses and have all this education that they want to use but we are limited since ethically they can’t get involved in real cases. This gives them a chance to get out there in the field and do volunteer work that is really geared towards their learning. Students have learned to use these skills not only in the classroom but in real life scenarios.” Even though mediations are not done alone, Memmer shared the student’s “role in mediation increases to where they actually are the lead mediator. They should be able to take the reins and lead the mediation, but since experienced mediators are there they can step in if the student gets in over their head.”

During mediations, the victim will have a chance to express what happened and the impact of the crime. The offender then talks through what happened and what led them to their actions, which will allow them to take ownership of their behavior. “They often brainstorm together on what to do to make things better. I always see it as a tipping point, they did this crime so are they going to make it right or continue on the same path, we talk about the impact of that during mediation” said Worsley. “A lot of students want to continue volunteering at TCPJ after they complete the program which is great for the community partner” said Memmer. Memmer and Worsley hope in the future the program will continue to grow and that students will continue to have an interest.

Memmer believes “the more we can let people know about the program the better.”



Students Zachary Brummer and Jose Gonzalez discuss mediation strategies with Assistant Professor Amy Memmer.

## NEW CADET PROGRAM

Students have the opportunity to obtain an Associate’s degree in Criminal Justice with on the job training.

Paying for college is one of the top concerns for potential students. For those interested in law enforcement, the City of Topeka is offering a solution to a few select students. The offer is to cover the cost of an Associate’s Degree in Criminal Justice and provide full-time employment. Police Cadets must be between the ages of 18 and 21, and those selected will be working at the Topeka Police Department (TPD). Cadets will be hired on as City of Topeka employees at the rate of \$12 per hour including all regular city employee benefits such as health care, paid leave, etc.

This is part of an effort to recruit more interested candidates as future Topeka Police Officers. The focus is geared towards those who are not old enough to attend the Police Academy by giving them the opportunity to see first-hand what their future career will be like. This is a non-sworn position due to the age of the individuals, a sworn police officer must be at least 21 years old. During their time as cadets, students will learn not only in the classroom setting but with on the job training. Along with helping complete various tasks for TPD, cadets will be involved in events such as parade route detail, helping at the firing range and other duties as needed. The program will begin this summer and is exclusive to Washburn University students.

The Criminal Justice department has a long standing partnership with TPD. Ryan Alexander, Ph.D., Department Chair “strongly believes that as faculty and I have worked with TPD in a number of different areas, this is the fruit of our work together.” As a team they have accomplished numerous projects together. Alexander believes this program will be “a great way for Washburn students to earn an Associate’s degree without accruing student loans, this allows them to gain experience in law enforcement, and allows the police department to prepare people to enter TPD as officers.” For students that are interested in continuing beyond an Associate’s in Criminal Justice, TPD does offer some tuition reimbursement. Those interested in applying must be between the ages of 18 and 21 and meet specific minimum requirements that can be found on [www.topeka.org/jobs.shtml](http://www.topeka.org/jobs.shtml).



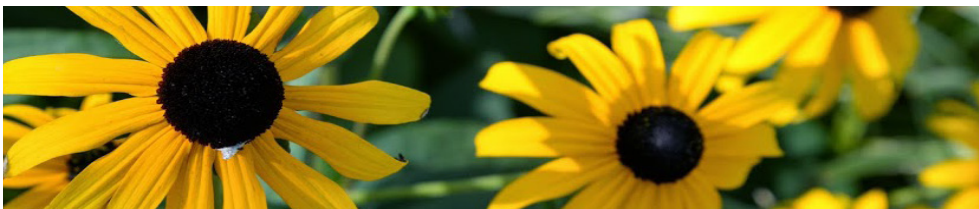
## WHAT IS HUMAN SERVICES?

Department works hard to be a student-driven and transfer-friendly program.

Human Services is defined by the National Organization for Human Services as “uniquely approaching the objective of meeting human needs through an interdisciplinary knowledge base, focusing on prevention as well as remediation of problems, and maintaining a commitment to improving the overall quality of life of service populations.” The educational component of Human Services developed out of the War on Poverty and Great Society initiatives in the 1960s. This created a need for practitioners who had the education and training to work with clients in their home communities from a strength-based perspective. The degrees, minors, and certificates offered through Human Services prepare students for a variety of careers and graduate programs in the helping professions in areas such as addiction counseling, youth services, victim/survivor services, gerontology/aging, and mental health.

At Washburn, the Human Services program has set itself apart from other programs. It is the only undergraduate major that provides students with the specific educational requirements to become a Licensed Addiction Counselor in Kansas. Similarly, the Master’s in Human Services is the only graduate program that provides the educational requirements to become a Licensed Clinical Addiction Counselor in Kansas. Students receive hands-on experience in the field through 3 internships required for the Bachelor’s degree. The benefits include experience on their resume, a professional network in their community, and sometimes even a permanent job. Recently, the program has expanded transfer credits allowed from other institutions as part of their commitment to be more transfer friendly. “We recognize that students have already put a lot of hard work into their education before coming to our program. We review transcripts from any accredited school to see if any courses can be transferred in for Human Services credit. The advisor will review the transcript and work with the department chair to determine which course(s) can be transferred in” said Department Co-Chair Kayla Waters.

Human Services majors are not the only students that can benefit from the minors and certificates offered. “Students in allied helping professions (such as Social Work, Criminal Justice, Allied Health, etc.) may be able to substitute coursework from their degree into our certificates and then use the remaining Human Services requirements to pursue both a certificate and a minor. Students will have a leg up in finding employment related to addressing important human needs and problems such as poverty, mental health issues, disability, addiction, domestic violence, trauma and aging” explains Department Co-Chair Deborah Altus.



## A FUTURE OF HELPING OTHERS

Human Services student finds a major that fits her passion.

Christina Seeley took full advantage of her college experience and graduated this Spring with a Bachelor’s in Human Services, Certificates in Victim/Survivor Services, Morita Therapy, and a Minor in Women’s and Gender studies. Seeley recalls how self-discovery led her to Washburn, “I started out wanting to major in Journalism, but my heart wasn’t in it. Soon after I discovered that my hometown, Lawrence, didn’t have anyone certified to perform services for victims of sexual assault.” Seeley was inspired to become a nurse so she started by working towards becoming a Certified Nursing Assistant (CNA). Her intention was to “be a resource for people affected by sexual violence.” As a survivor herself, Seeley is able to empathize with others going through the same situation. She earned her CNA, but decided not to pursue nursing. “I was realizing, slowly, the underlying theme to all my interests was helping people.” After completing her Associate’s Seeley enrolled at Washburn. “I felt at home, campus is beautiful and the people are friendly. I was able to get personalized attention from my professors. As a non-traditional student, I appreciated that Washburn offers an environment where academics are not overshadowed, yet there are always fun and engaging activities available.”

Seeley chose Human Services as her major “because of the outstanding professors. I was academically challenged and received incredibly positive support and encouragement. I finally felt like I had a direction, purpose and a goal in life.” The positive feeling is mutual for faculty, Human Services Co-Chair Deborah Altus said, “Christina is an exceptional student who is both an excellent scholar and dedicated humanitarian. We look forward to seeing the contributions she will make to improve the health of our fellow citizens and communities.”

Seeley has been involved in several groups on campus. She joined the Washburn Human Services Coalition (WHSC) her first year. Around the same time Seeley was invited to join Tau Upsilon Alpha. She was a member of the Morita Study Group and the Morita Society of Kansas. Seeley plans to go to graduate school, but first wants to get experience in the field and focus on specific career goals. She is confident her education has prepared her for future careers. “I have been trained in strength-based, person-centered approaches, and am very passionate about putting clients’ needs first. I value self-care, which is essential to avoid burnout.” Seeley completed 3 internships during her time at Washburn. The skills learned were numerous, “I honed my communication, program development, organizational and fundraising skills. I learned patience and resource management as well as the value of creativity and flexibility.”

Seeley concludes her experience, “I’m excited about my future and can’t wait to take all I have learned and work to make the world a safer, more positive, and inclusive place. I strongly encourage students that have a passion for helping others to consider joining the Human Services program.”



## PRACTICUM TEACHES BEYOND EXPECTATION

Social Work student learns the importance of a field coordinator who is a strong leader.



BSW student Melissa Nelson has made quite an impact not only on the Social Work department but also at the Topeka Correctional Facility (TCF). Nelson graduated with a Bachelor's Degree in Social Work this spring and was a finalist for the Sibberson Award. She has been accepted into the Master of Social Work program at Washburn University. Nelson is a Sergeant in the United States Army Reserves and has deployed to Iraq in 2009 and once to Afghanistan in 2013, serving as a behavioral health specialist working with soldiers.

Social Work Associate Professor and MSW Director Bassima Schbley nominated Nelson for the Sibberson award, based on her experience with her in social work classes. Schbley recalls that "Melissa excelled in all her classes. Melissa's commitment to helping others is commendable. She is a leader in her approach. Her working style is non-intimidating; she is able to create a supportive and nurturing environment and she is able to build

trust, connecting with most people instantly."

When asked how she ended up at TCF, Nelson said "I requested to be placed in a correctional setting in order to work with offenders, TCF was available as an option." Nelson's field coordinator, Alison Olson, LBSW, MSW, commends Nelson for excelling at being "a professional, accountable, and reliable social work student that promotes a correctional environment of safety, dignity and respect. Due to her professionalism and dedication, Nelson was selected among staff to participate in a specialized certification training through the University of Cincinnati on a gender responsive assessment tool. Her work is invaluable and will benefit the clients, facility, and community long after her practicum ceases." Nelson is humble about her experience and attributes her success at TCF to Olson who "created an atmosphere that was really ideal for a student to learn. There were many opportunities to learn and be challenged. She laid out a strong foundation for success and made her expectations clear." When asked about her first days at TCF, Nelson said "The first day I was nervous and unsure of my role, not knowing much about women offenders or how the facility operated. Alison and the staff at TCF really changed that for me, they were all eager to assist me in the learning process. I felt welcomed, valued and very blessed to have been placed at TCF. In the beginning I wasn't very confident in my abilities, but she really helped me develop that."

Nelson believes she learned very important skills from Olson who modeled "professional boundaries that are important in a correctional setting and she normalized the feelings that come with working with women who experienced traumatic pasts. She made sure I was taking care of myself and insisted on self-care."

"I know I am a better person and future social worker because of my experiences there."

## ALUMNI PROFILE

Alumni Amy McCarter finds career in unexpected place.

Most college graduates have a set idea of what they want to do, but those that do not have the opportunity to embrace new experiences. This is how Amy McCarter, MSW ended up as a Public Relations Specialist at the Topeka Police Department (TPD). A graduate of Washburn University, completing her Bachelor's in Human Services with an emphasis on Victim Studies in 2005 and a Master's in Social Work in 2007. McCarter chose to go to Washburn because she grew up here and she "knew a lot of people that had attended and had nothing but good things to say." During her senior year of high school she completed English classes with the outreach program on campus and the experience sealed her fate. "Everyone was so helpful and made the experience very comfortable even though I was just completing general education courses."

McCarter started working while completing her undergraduate at the District Attorney's Office as an intern and she eventually helped write a grant to stay in her position, which lasted for 4 years. She completed 2 practicums during her Master's, one at Valeo Behavioral Health Care working with individuals that have severe and persistent mental illness and the other at the VA working with veterans. After completing her Master's she went on to work at Stormont Vail as a case manager. Her next job was at KaMMCO, a medical malpractice insurance company. As a Member Services Coordinator, she met with CEO's and hospital risk managers to make sure their needs were met and arranged training and other special events.

After six and a half years at KaMMCO, McCarter began her new position with TPD at the end of February. A typical day is never typical as she puts it because "you can't imagine when something is going to happen, crime is not something you can predict." The Public Relations Specialist position was created to focus on the transparency of the department and get their story out there. "I also have been reaching out to community members to tell their stories about how the department has affected them, it seems even the smallest stories mean the most."

Another part of her day often deals with the department social media pages since it is so prevalent in everyone's life. Social media is often used to attempt to identify a suspect "because people do care and they want to live in a safe community. The positive behind getting information like this out there is that in return the department gets information they need and it helps build relationships. The department is very open and there is not much out there they will not release."

When asked if her education prepared her for future jobs, McCarter said "absolutely, I do not think I could have done any of it without my education. There is nothing I run into in my professional life that I cannot relate back to something I learned in class or internship/practicum. Her advice for current Social Work students, "stick with it, you will make a living salary and keep in mind that you don't have to stay in the field it can cross over in so many ways. Truthfully, it's all about building relationships, knowing how to work with people, and communication which is part of every job out there you just have to think outside the box."



# DEGREE OFFERINGS

## *Allied Health Department*

Associate of Science

Health Information Technology  
Occupational Therapy Assistant  
Physical Therapist Assistant  
Radiologic Technology  
Respiratory Therapy

Certificate Programs

Diagnostic Medical Sonography  
Health Information Coding  
Magnetic Resonance Imaging  
Radiation Therapy  
Post Graduate

Bachelor of Health Science

Clinical Laboratory Sciences  
Health Services Administration  
Medical Imaging

Bachelor of Applied Science

Technology Administration

Master of Health Science

Health Care Education

Benton Hall 107

(785) 670-2170

washburn.edu/allied-health

## *Criminal Justice & Legal Studies Department*

Associate of Arts

Criminal Justice  
Legal Studies

Certificate Program

Legal Studies

Minor

Criminal Justice  
Legal Studies  
Military and Strategic Studies

Bachelor of Science in Criminal Justice

Corrections  
Forensic Investigations  
Law Enforcement  
Security Administration

Bachelor of Legal Studies

Master of Criminal Justice

Benton Hall 201

(785) 670-1411

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## *Human Services Department*

Associate of Arts

Human Services

Certificate Programs

Addiction Counseling  
Non-Profit Management  
Victim and Survivor Services

Minors

Human Services  
Gerontology

Bachelor of Applied Science

Human Services-Addiction Counseling  
Human Services-Integrative Practice

Master of Arts

Human Services-emphasis in Addiction Counseling

Benton Hall 311

(785) 670-2116

washburn.edu/human-services

## *Social Work Department*

Bachelor of Social Work

Master of Social Work

School Social Work Concentration  
Dual JD-MSW Degree

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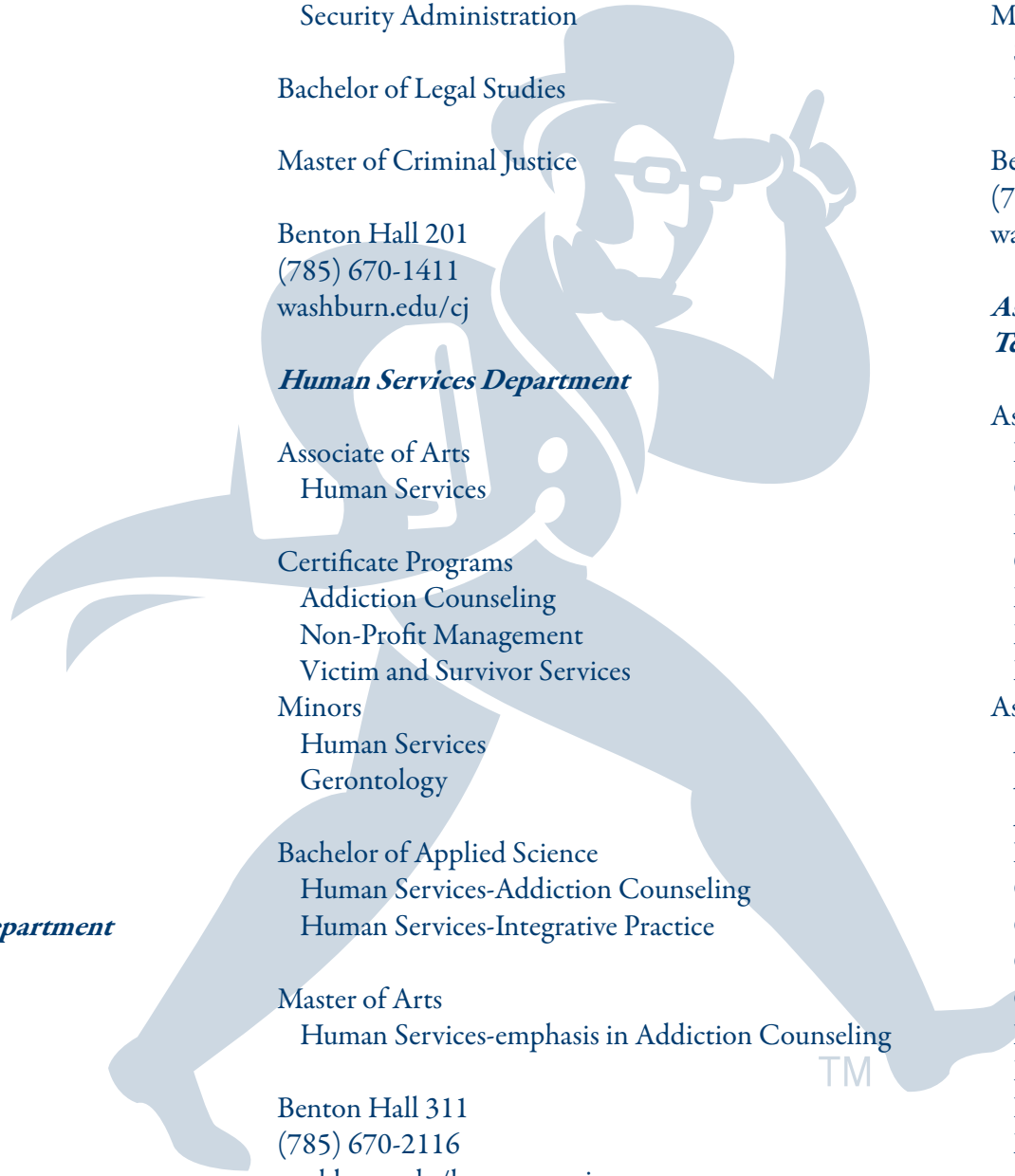
Associate of Arts

Business Bookkeeping & Accounting  
Culinary Arts  
Early Childhood Professional/Human Services  
Graphics Technology  
Legal Office Professional (Office Administration)  
Legal Office Professional (Legal Studies)  
Medical Office Specialist

Associate of Science

Advanced System Technology  
Automotive Service Technician  
Auto Collision Repair  
Building Technology  
Cabinet & Mill Work  
Climate & Energy Control  
Commercial & Heavy Construction  
Computer Repair & Networking  
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Brian Ogawa

Debbie '82 & Phillip Olsson  
Robert Overbaugh '99  
Thomas '93 & Carol '92 Price  
Dennis Prochazka '05  
Roberta Reynard  
Donald '75 & Deborah '78 Scholl  
Lori '08 & Roger Smith  
Mary Smith  
Monte '91 & Ann '87 Steffey  
Jodi '03 & Paul Swanson  
Martin Tidd '11  
Alan Vester '14  
Kathy '93 & Thad Wende  
Jana '14 & Richard Werner  
Melanie White '14

*\*Deceased*

H = Honorary Degree





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## **Our Mission**

*Provide quality professional programs in areas that respond to the needs of the community and region.*

