## ELISE KILNER FALL 2023 SIBBERSON FINALIST SCHOOL OF NURSING

Elise is graduating with a Bachelor of Science in Nursing degree. She plans to work at Stormont Vail on the general medical-surgical unit until an opportunity arises to specialize in maternal child nursing. In the future she plans to pursue a Master of Science in Nursing degree.

Elise is part of the peer-mentoring program within Washburn's School of Nursing. She has participated in the peer-mentoring program for the last two semesters. She has become a mentor to two nursing students in levels below her. As part of the peer-mentoring program, she has assisted both students throughout their nursing school journeys to help them be successful during their time in the program.

Elise has earned Scholarly and Creative Washburn Transformational Experience recognition by completing a Nursing Honors project in her final semester at Washburn University. She developed research about the importance of exercising while a woman is pregnant. The research was presented to a group of women participating in a birthing class at Stormont Vail. Her research and presentation was provided to encourage these woman to complete exercise during their pregnancy and educate them on the types of exercise they can participate in as well as the benefits achieved from participating in said exercises.

Elise received the Steel and Pipe Scholarship, General University Scholarship, White Scholarship in Nursing, Young Nursing Scholarship, Sylvester Skoch Nursing Scholarship, Mary Steinbrock Nursing Scholarship, and MSCI Mid America Chapter Scholarship.